THE RICHMOND COUNTY RECORD.

"PLEDGED BUT TO TRUTH, TO LIBERTY AND LAW; NO FAVOR WINS US, AND NO FEAR SHALL AWE."

VOL. 24 — ARICHAT, CAPE BRETON, JANUARY 29, 1921 — No. 5

Woman's Interests

Convulsions in Children.

All young children are susceptible to convulsive attacks. A convulsion in a child often takes the place of a chill in an adult and announces the onset of an infectious disease. In such a case it is the result of irritation of the brain by the toxins of the disease that are circulating in the blood. It is often excited by some irritation at some distant point, especially at one of the orifices of the body; and it may be excited by a foreign body in the nose or ear, by the presence of intestinal worms, by indigestion, by poisoning, by a severe burn, or by mental excitement, either joyful or sorrowful.

Convulsions occur frequently in children who suffer from rickets; they may also result from tumors or from other diseases of the brain, but in such cases they are more likely to be local than general. They may affect one arm or one leg or the muscles of the face.

Although the symptoms are virtually the same, such convulsive attacks should not be confused with epilepsy; but if they occur frequently and on slight provocation, they indicate a nervous instability in the child that may later develop into true epilepsy.

The convulsion begins suddenly, with or without a preliminary muscular twitching. The child falls unconscious, and at first there is stiffness of the neck and the extremities, which is soon followed by convulsions, involving first the muscles of the face and then those of the limbs and the entire body. The eyes open and shut and roll about, the mouth twitches, the jaws snap, the head nods, rolls from side to side and turns about, the arms are raised and lowered, the legs draw up and kick out, and the body twists from one side to the other. During the attack there is fever, the pulse is rapid and sometimes irregular, and the breathing is loud and panting. These symptoms may persist for a considerable time, perhaps even for a half hour—a fact that distinguishes the attack from genuine epilepsy, in which the attack is usually of brief duration.

The treatment of a convulsive attack depends upon the cause. If fever is the cause, combat it by cool sponging or by cold packs; open the bowels by an injection; induce sweating by a mustard bath and give an emetic if the stomach is overloaded or if the patient has eaten indigestible food.

Although it is the fashion now to deny the occurrence of teething convulsions, it is certain that the difficult eruption of a tooth may cause much nervous irritation. In such a case, lancing of the gum may give relief. Between the attacks an effort should be made to strengthen the little patient's constitution and to remove anything that may affect unfavorably its nervous system.

Diet for Young People.

The body reaches maturity between the ages of twenty-three and twenty-seven years, and from this time until about the thirtieth year the young man and woman require substantial and nourishing diet to keep pace with their activities. Usually the boy and girl lead fairly active lives, dancing, skating and indulging in other sports, both in winter and summer. This requires an abundance of energy foods to keep the human engine on the go.

The proverbial sweet tooth usually becomes a fixed habit and unless she is careful, a girl will consume a pound or more of sweets very easily each week. Candy is a heat and energy food and should be eaten with discretion. Overindulgence in sweets usually leads to a blotchy or pimply complexion.

Eat plenty of whole wheat bread and a good creamery butter. Drink plenty of milk and see that at luncheon and dinner there is an abundance of green vegetables, both cooked and raw—these should always be a part of the daily bill of fare.

Cabbage made into a salad and combined with raw grated beets, carrots or turnips may be served for variety, as also may celery, onions, watercress, lettuce, endive, escarole, corn salad, cucumbers, red and green peppers, young onions, swiss chard, with the usual array of cooked vegetables.

Remember that candies and pastries are hard to digest and should never be eaten when hungry, as they destroy the appetite and a liking for the plain and wholesome foods.

The Road to Fortune.

The easiest way to prepare for this new game is to take a strip of paper long enough to reach almost across the room; and if two connecting rooms can be used, so much the better. With a yardstick and a soft pencil or a wax crayon, draw crosswise heavy lines on the paper, so as to divide it into sections ten or twelve inches long. Draw a line lengthwise through the middle of the paper and number each space, putting the odd numbers on one side and the even ones on the other. Draw a colored line across the paper about a third of the distance from the end where the numbers begin.

Write a number of "fortunes" on pieces of paper, and fold them and number a part of them to correspond with the numbers on the strip of paper.

If possible, get a flat stick about the size of a common lath and as long as the paper. If you cannot get one stick that is long enough, tack three or four laths together.

When you are ready to play the game unroll the paper and spread it on the floor; then place the stick in the middle of it, lengthwise, and see that the paper is smooth.

The players start at the end numbered 1 and try to walk on the lath, keeping their feet so close together that the heel of one foot touches the toes of the other. Each player must notice which square the toe of his foot is in when he steps off the stick for that number contains his fortune. Those who step off in the first third marked off by the colored line have to pay a forfeit or do some special stunt. Those who reach the end without stepping off are allowed put their hands into a box and draw out a fortune; they also win as a prize a doughnut or an apple. The game makes plenty of fun, for everyone can play it, and it is not too boisterous for the house.

Feed the Winter Birds.

If you want to have some birds around to protect your garden in the spring, feed them a little in the winter. It does not take much. A piece of suet tied to a tree, a little grain or weed seed in an open box nailed to its side to a tree or post will cost you nothing and will pull many a bird through some rough places in the winter. They will soon learn about it and you will have lots of friends. Put the box where you can see it from the windows, and you will enjoy the company. They are not beggars; they will pay their board.

Household Hints.

Peanut butter can be made at home. Put freshly roasted peanuts through the food chopper, first removing the red skins. Grind as finely as possible and add salt.

Bathe a bruise with vinegar as soon as accident happens if possible; lay a cloth soaked in vinegar on the bruise, renewing when dry, and there will be little discoloration.

Olive oil will not become rancid after opening can if two lumps of sugar are put into it.

Bacon will be crisp if the fat is poured off while it is cooking.

Seeded raisins may take the place of sugar in cornbread. It is delicious.

Left over cocoa can be used in making gingerbread in place of milk.

Ants will keep away from pantry shelves where a few cloves have been strewn.

A strip of asbestos or an asbestos mat nailed to the ironing board is convenient and useful.

A ten cent dish mop is very handy to use where the floor mop will not reach. Oil and use under pianos, bookcases, etc.

Long handles on brooms, brushes and dustpans save the back. Put them away clean.

Avoid using strong soaps and powders when washing fine decorated china.

Keep empty spools and slip them over the nails in the hookless closet. They are a great protection to the clothes.

When through using oven the door should be left open until oven is cold. This prevents sweating and consequently rust.

A teaspoon full of vinegar and granulated sugar will stop hiccoughs. Repeat if necessary.

Pour vinegar over fresh paint that has been accidentally spilled. It can then be wiped up with a soft cloth.

Practically all of the electric power used in the Italian city of Milan is obtained from hydro-electric plants in the Alps.

It is not expensive barns that make good milk and healthy cows, but well fed and healthy cows, though their stables be plain ones, just as we find the healthiest people living in plain cottage homes.

How to Keep Healthy in Winter

In winter everything conspires against health—the temperature, both indoors and out, clothing, food. Man in his disregard of hygiene does little to counteract the danger. It is well, therefore, to remind ourselves of some of the simple rules of health that, if observed, will increase our power to resist disease. In winter the two parts most vulnerable to disease are the digestive and the respiratory tract. In summer a person naturally eats fresh vegetables and fresh fruits and has less appetite for heavy meats, but in winter, when the canned vegetables are not so tempting or so nutritious, he instinctively turns to meat. As a result he clogs his system and suffers from constipation, and, such is the excess of proteins in meat, he taxes his kidneys and hardens his arteries. His remedy is to eat less meat and more rice, potatoes and uncooked fruit—apples, grapes, oranges and grapefruit. He should not lessen the amount of water he drinks, as he is likely to do when his thirst decreases with his decreased perspiration.

In winter the ordinary person finds it harder to avoid catching cold; the mucous membranes of the respiratory tract are of course directly exposed to the action of the cold air, which in itself tends to cause congestion by reaction, and they suffer also from the overdry and overheated air of our offices and dwellings. To guard against that danger, he should get all the fresh air possible through keeping his windows open day and night, and by exercising in the open air for at least two half hours each day. Walking is the best exercise, for it aids the stomach and the intestines to do their work, strengthens the respiratory mucous membranes and keeps the heart healthy.

In winter a person should wear clothing as light as is consistent with comfort, and as loose as possible, for tight clothing disturbs the circulation, upon the healthy condition of which the power of resistance may largely depend. If in spite of precautions he should catch a cold, he should at once resort to a light diet and stay at home even if he does not go to bed. In either case he should keep to a thoroughly well-ventilated but warm room. Finally he should see that the other members of the family, especially the children, are kept away from him. He is an invalid who will probably give his disease to others, if they do not keep away.

"Not a Sparrow."

"Not a sparrow falleth," saith the Word,
"Without your Father, to the ground."
Not a feather floateth, zephyr-stirred,
But that His listening ear hath heard
And marked the sound.

Not a throbbing heart nor fluttering wing
But beateth against the Father's breast;
Not a helpless cry of helpless thing
But findeth instant echoing
In that dear rest.

When the mother-raven lacketh food,
Her young, distressed, upon Him call;
When the heron dieth for her brood,
Their pains He marketh and her blood,
Who seeth all.

When the Lord came down on Earth to dwell,
He had for hosts the humble kine,
And His baby head was pillowed well
On fragrant hay, and that poor cell
Became a shrine.

Cargoes.

Quinquireme of Nineveh from distant Ophir,
Rowing home to haven in sunny Palestine,
With a cargo of ivory
And apes and peacocks,
Sandalwood, cedarwood, and sweet, white wine.

Stately Spanish galleon coming from the Isthmus,
Dipping through the Tropics by the palm-green shores,
With a cargo of diamonds,
Emeralds, amethysts,
Topazes and cinnamon, and gold moidores.

Dirty British coaster with a salt-caked smoke stack,
Butting through the Channel in the mad March days,
With a cargo of Tyne coal,
Road rails, pig lead,
Firewood, ironware and cheap tin trays.

—John Masefield.

Everbearing Red Raspberries.

We find that everbearing red raspberries are true to name and will produce berries until late in the fall. With a light snow on the ground we have picked red berries from the canes and found the flavor good. As a novelty they are fine and it is a pleasure to treat the city friend to a shortcake made of fresh red raspberries several months beyond the normal season.

But as a commercial proposition we do not like the everbearers. They produce fruit over a long season but at no time is there enough to make profitable picking. Even the first crop we find inferior in size and quantity to a variety like the Cuthbert, which bears bountifully in season and then rests up for the next crop.

A variety like the Cuthbert produces its berries at a time when there is little competition from other fruit. The commercial raspberry picker who hires labor at picking time cannot hire them to hunt for berries. The crop must be so abundant on the canes that rapid harvesting is possible. In our experience with the St. Regis everbearers they lack in quality and quantity during the regular bearing season. Later in the year they are still producing fruit but it takes a long time to fill the boxes, compared with the earlier varieties and the berries come at a time when there is an abundance of other fruit.

Raspberries are very attractive out of season, but regardless of scarcity there is a limit to how much the public will pay. When peaches and apples are on the market there is less necessity for buying raspberries. So we keep a few everbearing raspberries as a novelty but the regular commercial sorts like the Cuthbert prove to be the profit winners.

Poultry House Curtains.

When ordinary cloth curtains are used on the poultry house windows the supply of fresh air is soon diminished because of the curtains becoming dusty. Canvas soon becomes dusty and allows little air to enter. The burlap from old sacks is fine for protecting the windows as the material is coarse enough to stop draughts but still permit plenty of air to enter. Nearly every poultryman accumulates a supply of worn out burlap sacks which can be pieced together for curtains.

If the curtain frames are hinged to the top of the window the usual plan is to hook them to the ceiling of the house when they are raised. They should be so arranged that the birds cannot roost on the frames. Of course it is not necessary to lower the curtains but a few nights each year and sometimes Leghorns will select the frames as a permanent roosting place. Then the curtains are soon ruined and they may become infested with mites. Burlap curtains that roll down from

An Ancient Song.

The tune "Oranges and Lemons" to which British children play one of their most popular games, is one which the famous peal of bells in St. Clement's Church, in the Strand, London, has chimed for so many years. This tune is said to have originated from the time, many years ago, when the servants in the neighborhood of St. Clement's Church visited all the lawyers' offices and rooms in Clement's Inn, and presented oranges and lemons to the tenants, while the bells in the church rang out the tune. The verses sung by the children of London in playing the game of "Oranges and Lemons" are as follows:

"Oranges and lemons," says
The Bells of St. Clement's.

"You owe me five farthings," says
The Bells of St. Martin's.

"When will you pay me?" says
The Bells of Old Bailey.

"When I grow rich," says
The Bells of Shoreditch.

"When will that be?" says
The Bells of Lea.

"I do not know," says
The Great Bell of Bow.

Rippling Rhymes by Walt Mason

THE HOBO

There came a hobo to my door, as closed the winter day; he said his poor old feet were sore, he'd walked a weary way, and he would like a place to snore, a chance to hit the hay. I fed him victuals by the pail, his urgent need in mind; when he was filled he told a tale of fortunes most unkind, he said he'd like to earn some kale, if he a job could find. I said, "You've reached my humble den, I bid you linger here, and you may earn some iron men to round out your career; I need a man to herd by her,—I'll hire you by the year." And all the night I lay awake upbuilding pleasant plans; one homeless wanderer I'd take from ranks of also rans, and smooth the road for one poor Jake to whom Fate tied her cans. And in the morning, at his door I rapped, and cried, "Arise! The table groans 'neath grub galore, comprising prunes and pies; don't keep us waiting any more—you'll hustle if you're wise." But none responded to my call; the bo had wandered thence; when shades of night enshrouded all, he jumped my residence, and he had swiped my basket ball, the clothesline and the fence. Oh, most of us might gladly would relieve some human woe; but most of us at times have stood for things like this, you know, and if we die of doing good, it's not surprising, bo!

ONE HUNDRED YEARS AGO IN ENGLAND

WHEN GEORGE IV. WAS KING.

Country Suffering from Strain of Great War But Conditions Worse Than Now.

A hundred years ago the First Gentleman in Europe had just completed the first year of his reign as George the Fourth, and it is a remarkable historical coincidence that we are living to-day in the reign of the next George—our beloved monarch, George the Fifth.

In July, 1821, George the Fourth was crowned in Westminster Abbey, and the climax of the domestic war which the king had for twenty-five years carried on against his consort was reached when Caroline rashly attempted to force her way into the sacred building, although her application to be crowned like her royal predecessors had been refused.

Men of That Day.

She arrived in her state carriage, but she found every door barred against her, and she drove back to Brandenburg House, her residence at Hammersmith, humiliated and defeated. It is said she got more cheers from the people than the king got, but she heard them for the last time, for the excitement proved too much for her, and she died on August 7th, 1821.

Many literary men whose names are household words to-day were at the height of their fame in 1821. Byron finished "Don Juan" in Italy, where he had gone to live. Keats died this year at the early age of twenty-five in imperial Rome, and Shelley, who himself was drowned the next year off the coast of Italy, penned his immortal lament for Keats' "Adonais."

Tom Moore, next to Byron, was the most popular poet of the day, although the greatest poet of them all, Wordsworth, had already written all his best poems, whilst Sir Walter Scott had forsaken poetry to write his great novels. In 1821 "Kenilworth" was published. Coleridge had settled down to be a middle-aged philosopher, and had almost forgotten that twenty years ago he had written "The Ancient Mariner."

In 1821 Tennyson and Gladstone and Browning and Thackeray were schoolboys, and Dickens was a little drudge in a blacking factory down by the riverside, where Charing Cross Underground Station stands to-day. Queen Victoria was a baby of two years.

No Police and No Pillar-boxes!

To read of the conditions which prevailed in 1821 is like reading of conditions in another planet. The coaches still started from the London hostelries, and rattled and bumped over the cobble-stones with which the metropolis was paved. There was not a policeman in all London, and the old watchman and the Bow Street runners were still to be seen. A fire brigade was a thing unknown, and the chances of subduing a big fire were very slight. Pall Mall, the first thoroughfare to be illuminated by gas, was still, like the rest of London, in what we should regard as air-raid gloom, only very slightly dispelled by flickering oil-lamps.

There were no matches in 1821. The only way of obtaining a light was by means of flint and steel. There were no postage-stamps and no letter boxes. There were only eight theatres in all London, and of these the Haymarket, Drury Lane, and Covent Garden are the only ones surviving.

Big hotels such as we know to-day were then unknown. The coffee-house flourished, and the tavern and the cook-shop, all of which catered for travellers and citizens, and some of them provided sleeping accommodation. But people travelled very little, even the City was then a place where people not only worked, but lived.

Nothing Happened.

There was nothing corresponding to our big stores. Shops were wretchedly lighted, the windows were small and unattractive, plate glass was unknown, and the tradesmen's wares were very limited in quantity or variety, although the quality was good. Men still dressed in colored coats and flowered waistcoats, frill shirts and huge neckcloths, with top-boots, beaver hats, and powdered hair.

We are apt to grumble at post-war conditions to-day, but the post-war conditions in 1821 were infinitely worse. It was one of the deadest years in English history. Nothing happened. The people were numb with misery. Waterloo was a memory of six years ago, and the weight of taxation, the lack of employment, and the deadness of trade which followed the Napoleonic wars seemed like the end of all things. There were no trade unions. A twelve hours' day was universal. Wages were a mere pittance. Bread was dreadfully dear, and working folk hardly knew the taste of beef and mutton.

The people had no way of making themselves heard in 1821. The first Reform Bill was still ten years ahead, and Manchester and Birmingham and Leeds, and many other rising places with large working-class populations, sent no member to Parliament, whilst many a little village, many a rotten borough, decayed and unrepresentative, sent two!

So, in spite of the fact that human nature is still prone to war and bloodshed, that we often are inclined to despair of civilization and talk of mankind "feeling back into the beast," there is much to hearten this nation in reviewing the past hundred years. The standard of comfort has risen enormously. The workers of 1821 would, could they see their brethren to-day, regard their condition as luxury.

Then the "expectation of life" has increased greatly. People died younger in 1821 than they do to-day, despite influenza epidemics, and even wars! In 1821 every street was more or less a cesspool, and sanitation as we understand it was unheard of, even in better-class houses and neighborhoods. Few streets in big provincial towns were paved, and fewer still sewered or drained.

A Happy Tale of Progress.

Hospitals were practically non-existent, and surgery, as we see in Pickwick and other books, was a sort of saw-bones business. Anaesthetics were unknown. It was not until many years later that chloroform was discovered.

The war has caused many people to disparage the popular idea of "progress," and to say that if all our inventions, even the locomotive, the car, the steamship, and the flying-machine are to be used to annihilate the race, we are worse for their possession rather than better. They are apt to say, further, that if the best educated nation in Europe becomes thereby a nation of Huns, even education must come under suspicion.

Yet it need scarcely be pointed out surely that the evil use of a good thing does not make the good thing bad. It is the use that is bad. The aeroplane may be used for carrying death and terror to far cities, but the aeroplane is not thereby condemned.

When we see how rapidly things have developed during the last century, what an immense gulf there is between the times of 1821 and 1921, despite many discouragements, disillusionments, and disappointments, the auguries are bright for a real advance in world brotherhood and that "parliament of man" of which the poet sings.

Adversity Binds.

When two have tasted joy together
Their gain may be their loss;
Love only binds them with a tether
Light as frail wreathed moss.
When two have tasted grief together
Their loss may be their gain;
Love binds them so nor wind nor weather
Has power to break his chain.

Consistency in hog raising pays. There may be ups and downs, but the man who year in and year out raises a few porkers is not complaining.



THE BARRIER

THE BODY-GUARD

By Edwin Cole

"I wish you would not ride that horse," said Harold Winchester.

"I like to ride a horse that is a horse," she answered lightly.

"Do you? Or do you like to ride an animal that is half fiend?"

"I won't have you call my Hero names."

She leaned forward and laid her cheek on her mount's neck. His answer to this caress was to rear skyward.

Winchester turned white under his tan and urged his horse alongside, but the girl gave her big white horse his head and he came lightly to earth again.

"Some day he will go over backward with you," Winchester prophesied gloomily.

Hope Angus only laughed and shook her head.

"Hero and I understand each other," she said.

She gave the big horse a touch with her heel, and he was off down the shaded road.

Winchester raced after her. They were both fond of horses, and Winchester was a trooper in a "crack" National Guard squadron.

Confidence is one of the prime requisites of good horsemanship, and confidence Hope Angus had in abundance—too much of it, Winchester thought. There were few, even among the men, who cared to ride the high-spirited, erratic Hero. He had thrown more than one rider, and he had a bad habit of returning to the armory at high speed, without consulting the person on his back. Oddly enough, however, he never ran away with this trusting girl.

Winchester, too, liked a horse that was a horse, but his ideas of such an animal were different from hers. His mount was speedier, yet it stood like a kitten; and it wasted no energy in useless prancings. Now it tucked its long, slender legs under its lean belly and overtook the white horse half a mile from the armory. Side by side they pounded along the country road and into the riding shed. Even then Hero was not content to walk quietly, but pranced nervously about the tanbark on his toes.

"What he needs," said the girl, "is about twenty-five miles a day."

"What he needs," mocked Winchester, "is a course of sprouts."

"'Love me love my dog,' is equally true of my horse," replied the girl angrily.

Then a mischievous light came into her eyes. Guilelessly she observed, "You see, I am going to ride him in the parade to-morrow, and I wanted to work him out a bit to-day."

"You are not!"

"I am."

"I'll—I'll tell your father."

"Don't be foolish, Harry," she said pacifically. "Hero won't even get started. We shall walk all the way. I am to be Joan of Arc."

Winchester groaned. "Well, if you must ride," he declared, "I shall be your bodyguard. Joan had one, didn't she?"

"Perhaps she did, but I shall not. If you lay your hands on my horse—well—"

The city had set aside the following day for France Day. There was to be a big parade. So much Winchester knew, of course. But that Hope Angus was to be Joan of Arc and ride Hero was decidedly unwelcome news. Just what he should do about it he was not certain.

Joan of Arc was nervous. She sat astride her big white horse in her gleaming white armor wondering why the parade did not start on time. In her right hand she steadied the shaft of a banner with its heel in a socket fixed to her stirrup. Long tresses that Joan herself might have envied flooded her shoulders in a glistening mass. A marshal's aid was keeping back the crowd. In spite of her armor she felt very glad of his protective presence. He wore the uniform of a trooper. The visor of his cap was pulled low, yet there was something familiar in the square chin and in the way he sat his horse. Then he turned, and she saw his face. It was Winchester. He grinned cheerily.

"You see, I'm here!" he called. "They needed more aids, and I volunteered."

Joan tilted her head so that she looked prouder than ever, but made no other reply. Why must Harold always be reminding her of the physical inferiority of her sex? she wondered. Why must he always treat her as if she were some delicate, fragile thing that you must handle with care?

An aid came riding up with the information that the parade was ready to start. Hope took her place at the head of the column. The band struck up, and they were off.

At first all went fairly well. Hero did not like the band and showed it by his prancing step. The crowd, admiring the spirited action of the animal, and the magnificent way the girl in armor sat him, cheered vociferously. Hero liked the cheering even less than he liked the band, and reared under the pull of the curb.

As they passed down the long city street, lined with spectators, his behavior grew worse instead of better. With set lips, Hope pulled the prancing Hero down to a walk. For the first time she realized that she could not keep control of the horse much longer. Her wrist ached; her arm felt as if it were slowly being drawn from its socket. She could not use her right hand, for it held the banner.

Then came the last straw. Some rowdy among the onlookers threw a stone. It struck Hero on the flank. With a leap that nearly upset his rider, he burst into a gallop down the long, asphalted street.

The armor of that immortal woman of France must have given this young girl a courage of its own. She did not cry out, she did not even drop her banner; but with her tired hand pulling steadily at the bit, and with the banner flapping joyously above her, she sped down that long line of onlookers without a glance to right or left.

Frantically they cheered, not guessing her danger because of the unconcern with which she sat her horse.

But she knew in all the wild exultation of that ride that Hero was running away, and that soon they would be out of the roped-off district and in the busy streets of the city.

It seemed to her as if the crowd were cheering more madly than ever. Why could they not keep quiet, the fools! She felt the great limbs of the brute under her move ever quicker, ever wilder and freer. Now he knew that he was running away—that she was powerless to stop him. Or was it that he heard the clatter of hoofs behind him? In the thunder of his own hoofs on that hard pavement she had not noticed that other sound at first. Now it came to her as an echo. Another fool, she thought bitterly. The prospect of a race would merely spur Hero on.

Now a terrible thought came to her. Far down the street a black mob of people barred her way. It was there that the line of march turned up a side street. If she did not stop Hero before he reached that turning point, it might cost not only her life but the lives of others. Desperately she pulled on the reins. She might as well have tried to check the horse by pulling at his mane. The black crowd was sweeping to meet her. Already she could see a movement in it as those in front saw their danger and pushed back on those behind. In another second or two they would break; there would be a panic, women and children would be trampled either by one another of by her horse.

Then a small head on a long, lean neck appeared beside her. She saw a brown arm yielding the reins to a racing horse. She turned her head and saw Winchester. He had caught up with her—with Hero! He was abreast of her. Now he drew ahead and, reaching out, caught Hero's bridle. He reined in his own horse and jerked at Hero's bridle. The big brute shook his head savagely and held on. The crowd was shrinking before them. They had come to the turn.

Hope had a vision of horror-stricken eyes and crowding forms.

Then Winchester spurred ahead and shouldered the white horse around the turn and into the side street. A hundred yards further he brought Hero down to a walk.

Hope waited for Winchester to speak, but he sat with compressed lips, patting the neck of his blowing animal. She felt very numble. He loved her, she knew; he had warned her about Hero, yet he did not reproach her.

"Why don't you—say something?" she faltered, trying to smile.

He turned to her grimly then.

"If you belonged to me, I would," he said.

"Then—say it," Hope Angus answered.

Winchester stiffened in his seat.

"You don't mean that, Hope?" he asked in a low voice.

She nodded bravely. "You have won the right to be my body-guard, Sir Knight," she answered with shining eyes.

Winter Elms.

Where lines of subtle harmony
In silent music fall
The old elms stand in majesty
Leaf-bare and grey and tall.

The curving of each lofty arch
Is bent to nature's theme,
In symmetry whose graces march
Like a triumphant dream.

The earthward branches slenderly
Droop down the misty air,
As if caressing tenderly
The wild flowers sleeping there.

The breeze is still—you scarce can note
Its breath upon your face,
Yet down its stream the tendrils float,
Their witcheries of grace.

O spirit of the patient trees!
I feel your yearnings too;
I am a part with you.

Mark Well!

Your safeguard is the name

"SALADA"

8729

This is the genuine 'tea of all teas'.

If you do not use Salada, send us a post card for a free sample, stating the price you now pay and if you use Black, Green or Mixed Tea. Address Salada, Toronto

THE MOTHER

If there had been an aeroplane hovering over the Belgian Congo several months ago, the observer would have seen a strange sight—thousands of black men streaming from every direction, many traveling for days over mountains, across waters to a certain town. Had the observer been near enough he would have noticed the signs of official mourning; the throngs were heavy with grief. He might even have heard the wild wailing of the death chants. Whom were they mourning, this great gathering? Was it some mighty chieftain?

Far from it. The honor was for a quiet Scotch woman whom no one of them had ever seen—the mother of their missionary. In a few paragraphs that are like searchlights across the past the son tells, in the Record of Christian Work, of God's leading their two lives.

The boy was born in the part of Scotland where the spirit of Livingstone still lives and works. In rain or shine he was sent to his Band of Hope meetings—the mother saw to that. The first foreshadowings of the unguessed future came when the boy, prowling about the docks, discovered his first black man, a ship's cook, and brought him home to dinner. That "mad meal," he declared, inaugurated their African alliance.

Then as if they might have missed the call came the warning that the boy was not made for the rigors of the Scottish climate. The terrible cough fastened upon him. Night after night the mother listened to it. She was a widow, and he was her only son. But—that cough! It was the way his father had gone. So she was led to the great surrender of her life. The two of them silently agreed not to say good-bye—"only a summer smile and an upward look."

Her boy left her standing at the window.

So for twenty-two years he saw her in his heart. And in those years of endless dangers for the son, of long, anguished silences for the mother, when no letters could get through, the two worked together. Uncounted times he felt the power of her prayer, shielding him in dangers, strengthening him in difficulties, sharing his loneliness and his joys.

There came a day, after twenty-two years, when they stood face to face once more. The son has no words for that meeting.

And now she has gone. The wild wailing of the death chant is stilled. The thousands of mourners have streamed back to their homes. But the spirit of that Scottish mother is still "marching on" in the great land her eyes never saw.

The Self Was Pretty Rough.

A farmer's daughter, who thought that she was destined to become a great vocalist, started to practice in private. No one except her mother knew the secret. One day her father came in from the fields unexpectedly, just when Jane was practicing her top notes.

"What's that extraordinary noise?" he inquired.

"That, dear," replied his wife proudly, "is Jane cultivating her voice."

"Cultivating! Huh!" ejaculated the farmer. "That ain't cultivating—that's harrowing!"

About Elephants.

Elephants sleep while standing. When a herd of elephants finds a place suitable in the woods, part of the herd will gather in the centre and sleep, while old and wise members of the herd keep guard about the sleepers. They awaken on slight provocation, for, big as they are, they are timid and nervous.

How Kings Have Died

King Alexander of Greece is probably the first monarch who came to his end by the bite of a monkey, but the occurrence recalls the fact that even kings have met death in as great a variety of forms as any class of human beings.

Comparatively few, especially in the good old days, were able to lie on their bed as did "the Merrie Monarch" when he made to his assembled courtiers the apology, as witty as it was gracious, "I am afraid, gentlemen, I am an unconscionably long time a-dying."

Priam, the last King of Troy, a venerable figure in the twilight dawn of history, was stabbed by Achilles on the altar of Jupiter. Xerxes was murdered by Artabanus in 465 B.C., and Ptolemy XIII. of Egypt was drowned in the Nile while endeavoring to escape from the Roman legions.

Stranger still was the death of Nitocris, Queen of Egypt. Herodotus relates that "she destroyed by craft many of the Egyptians." It was an act of vengeance. Her brother had been murdered, and Nitocris caused an underground chamber to be constructed, and invited thither her brother's murderers to a sumptuous feast. While they were feasting she let the waters of the river into the hall by a secret conduit, and drowned them all. To escape the vengeance of the populace the queen threw herself into a room full of hot embers.

For high tragedy nothing can approach the manner in which the Roman emperors quitted earth's stage. Julius Caesar was assassinated on the ides of March, Tiberius was suffocated, Claudius was poisoned by his wife, and Commodus by his favorite mistress. Galba was slain by the Praetorian guard; Caligula, after having declared himself to be a god, was murdered; while Nero committed suicide to save himself from the hands of the executioners.

Our English kings died from various causes. Edward the Martyr was stabbed at Corfe Castle. Hardicanute died of overeating at a wedding feast. William I. and William III. died as the result of falling from their horses. Henry Beauclerc fell a prey to his gluttony, and Henry II. died of a broken heart when he found his favorite son John plotting against him. Edward II. and Richard II. were murdered in prison, Edward V. was smothered in the Tower, and the hapless Charles I. ended his days on the scaffold at Whitehall.

Robert Bruce, the victor of Bannockburn, died of leprosy, St. Louis of France from Plague, and Louis "the well-beloved" from smallpox. Louis XVI. and his Queen, Marie Antoinette, met death by the guillotine amid the terrors of the French Revolution.

King Alexander of Serbia and his Queen Draga were brutally murdered in their palace at Belgrade. King Humbert of Italy was shot by Bresci, an Anarchist, at Monza. King Carlos of Portugal was shot in the streets of Libson, while King George of Greece met a similar fate at Salonika.

The whole grim story affords no equal to the royal tragedy which ended the proud dynasty of the Romanoffs.

SUBSCRIPTION RATES.

$1.50 per year in advance to any address in Canada; $2.00 per year when not paid in advance. United States subscriptions $2.00 per year in advance, otherwise $2.50 per year.

THE RICHMOND COUNTY RECORD

PUBLISHED ON SATURDAY.

BERTRAM BOURINOT,

Editor, Publisher and Proprietor.

TRANSIENT ADVERTISING RATES.—60 cents per inch for first insertion; 30 cents per inch for each subsequent insertion. Readers 10 cents per line. Special rates for three or more months.

Arichat, January 31, 1921.

Twenty-Four Appeals

Heard and Dealt With by the Board of Assessment.

The Board of Assessment Appeal convened in the Temperance Hall St. Peters, at 10 a. m., on Tuesday, 25th inst. John Latimer, Arichat; Murdoch McPherson, Grand Anse, and A. J. McCuish, St. Peters, comprised the Board, the latter being chosen chairman.

Twenty-four appeals had been fyled and were dealt with as follows:

District No. 1.—S. Binet, Arichat: $300 reduction.

District No. 2.—Capt. Ben. LeVandier: $100 reduction.

District No 3.—Lorenzo Poirier: $50 reduction.

District No. 4—Angus McRae, Balmoral: dismissed.

District No. 5.—Chas. F. Latimer, Grandique road: $100 reduction.

District No. 6.—Est. Edward LeBlanc, Port Royal: dismissed.

District No. 7.—Mrs Packer, Lennox Ferry: widow's exemption allowed.

District No. 8.—Paul Fougere, D'Escousse: dismissed.

District No. 9.—Louis N. Boudreau, Arichat: $75 reduction.

District No. 10.—John G. McLeod, Sterling: dismissed.

District No 13.—K. A. Ferguson, L'Ardoise Highlands: dismissed.

District No. 14.—Angus McCuspic, L'Ardoise Highlands: dismissed

District No. 15.—Edward Doyle, Poulamond: $300 reduction.

District No 16.—Mrs. Zabine LeBlanc, West Arichat: $150 reduction.

District No. 17.—Jeffrey W. Forgeron, West Arichat: $45 reduction

District No. 18.—Thos. E. LeBlanc, West Arichat: $100 reduction.

District No. 19.—John B Gerrior, West Arichat: dismissed.

District No. 20.—R. Ferguson, Lower L'Ardoise, $175 reduction.

District No. 21.—Murdo. A. McLeod, Loch Lomond West: $20 reduction.

District No. 22,—Archie J. McLeod, Framboise; not allowed.

District No. 23.—W. B. Morrison, Cleveland: $250 reduction.

District No. 24.—Duncan Matheson, L'Ardoise Highlands: $10 reduction.

On motion, the following changes were ordered by the Board:

Jeffrey H. Poirier, D'Escousse: An increase of $40 for horse under-assessed and $20 real for barn under-assessed.

Freddie H. Poirier, D'Escousse: An increase of $65 real for barn under-assessed.

Chas. H. Shannon, Poulamond: Wood lot to be transferred to Daniel Fougere, Poulamond; to be assessed $40 for horse.

The recommendations of the Council, as drawn up by the Committee on Assessment, carrying many increases and noting property unassessed, were adopted in toto after scrutiny by members of the Board.

On motion, the meeting then adjourned.

D. M. CAMPBELL,
Municipal Clerk.

Cause of Early Old Age

The celebrated Dr. Michenhoff, an authority on early old age, says that it is "caused by poisons generated in the intestines." When your stomach digests food properly it is absorbed without forming poisonous matters. Poisons bring on early old age and premature death. 15 to 30 drops of "Seigel's Syrup" after meals makes your digestion sound, and

West Arichat.

We are glad to announce the arrival home of our beloved parish priest, Rev. Fr. Robitaille, who for the past six weeks has been in hospital in Quebec. The Rev. Father went through two successful operations this time and is feeling fit once more.

Mrs. John Porper, who attended the Short Course at Truro held by the Home Dept. of the Soldiers' Settlement Board, arrived home this week greatly pleased with the trip and the valuable instruction gained.

Messrs. Thos. Boudrot and Walter Forgeron, who were on a business trip to Cleveland, returned home this week.

Mrs. James Monaghan, of Halifax, is the guest of her sister, Mrs. John Porper, this week.

The bans of marriage was published last week of Miss Zabine Forest, of this place, and Rudolph Doiron, of Port Royal. The marriage is to take place next week and a royal celebration promised.

Miss Amelia Boutin leaves here next week to join the nursery staff of the Dawson Memorial Hospital at Bridgewater, N. S.

Wilson Forgeron, who was employed aboard the schr. Victoria, Capt. Frank Boutin, at present discharging a cargo of produce at Sydney, arrived home this week.

W. G. Dorr, who was for the past six weeks smelt fishing at R Innabitants, is home for a short while.

News has been received from Boston to the effect that Duncan LeBlanc, son of Mr. and Mrs. Andrew LeBlanc, formerly of this place, is seriously ill and small hopes are held out for his recovery. Duncan moved to Boston some few years ago, together with the rest of the family, and being bright and active soon made a name for himself. He was married only a little more than a year ago and has one child. His many friends and relatives here pray for a speedy recovery.

Grand Anse-Balmoral.

The lumber business in this vicinity is quite a success this winter. The C. N. R., formerly the C. B. Ry., has been kept very busy the past week loading pit timber but on account of the snow storm this week they will be unable to load cars on the main line for some time.

There was a dance at Hugh Hill's and all report having a grand time.

There was an enjoyable party held at Sandy McRae's last week. Friends from Grand Anse attended, including McLean Bros., Miss Annie M. McRae, William and James McRae and Miss Ida McRae.

Miss Ida McRae, who has been in Boston for several months, is now at home. Welcome.

Hugh McLean was visiting his relatives at Grand Ance for several days. He was last summer in Whitby, Ont. and came to Cleveland this fall. He is a smart young man and well liked by everybody.

Murdoch McPherson was on a business trip to St. Peters this week

Robert Urquhart and his wife spent Sunday at St G. C. visiting his mother.

Mrs. Christy McLean and her son John were at St. G. C. on Sunday visiting at John D. McRae's.

There was a pleasant party at John W. McDonald's last week. The visitors cut several cords of firewood. Geo. Hill, John McDonald, Dougald McRae and John McLean were present.

Malcolm McPhail, who has been suffering from a sore arm, is now getting well again.

John A. McLean intends going to Sydney for a few days.

Felix Linden and Wm. Marchand, of Louisdale, have set up a grand little mill. We wish them much success.

Cleveland.

Concert [illegible] enjoyed by everyone; also the weather.

A number of the young people attended the concert and social at Kempt Road school house on the 27th. The entertainment in which young and old took part was much enjoyed. Rev. [illegible] acted as chairman.

Miss Elizabeth Murray, who was spending the holidays at her home in St. Peters, returned on the 10th

Ernest MacLeod has returned to Wolfville College.

Miss A. B. MacKinnon, teacher New Waterford, was visiting here during the holidays.

D. A. MacLeod, who recently suffered the severe loss of his fine hotel and store at Sydney Mines, is at home now.

[illegible] Mulgrave.

A new boat has been [illegible] schoolhouse during the holidays. The work was done by H. H. Mackinnon.

Mrs. Arthur [illegible] Sackville and baby, Gertrude, [illegible] a week with her parents here.

Mr. and Mrs. C. [illegible] Leonard and baby, Ila Dyer, are spending two weeks [illegible] Grand Narrows.

Mr. Michael Campbell, who has been undergoing treatment at St. Martha's Hospital, Antigonish, is at home much improved in health

Stanley MacLeod was on a business trip to Sydney recently.

Misses Alice and Agnes Mauger were visiting in this locality during the holidays. They also visited Antigonish and Hawkesbury before returning home.



Blow winter winds!

The harder they blow out-side to-night, the gladder you'll be you can stay in and have a royal good time with the

Victrola

What mirth it provokes with the wit of Harry Lauder or the popular song hits by Billy Murray! What lively dance music it furnishes by the most noted dance orchestras! What a thrill it gives with the world's best band music! What inspiration it provides through the golden voices of the world's greatest artists!

Sure, you're glad to stay at home—if you have a Victrola.

G. J. LeBLANC

Latest Records Kept on Hand.

Do you owe the Record ?
If so, please settle.

BUY AT LESS Than Wholesale

In appreciation of the generous trade received during the past year, I offer the following

BARGAINS

	Regular	Special
30 x 3½ Tires	$ 24.00	$ 19.00
Riding Sleighs	95.00	80.00
De Laval Cream Separators	95,00	75.00
Rego Cream Separators	45.00	35,00
Rego " "	32.00	25.00
Carriages	190.00	165.00
Barrel Churns	15.00	10.00
One Horse Plow	21.00	15.00
Spring Tooth Harrow	17.00	12.00
Sleigh Robes	18.50	16.00
Farm Wagons	115,00	75,00

These prices are subject to prior sale and are not good after 31st.

ALLAN MORRISON

ST. PETERS, Cape Breton

EVERY CHILD needs nourishment that not only sustains strength but also promotes normal growth.

SCOTT'S EMULSION

is a food-tonic that is of special significance to children.



Those who are not thriving ought to take Scott's Emulsion

Scott & Bowne, Toronto, Ont.

ALSO MAKERS OF

KI-MOIDS

(Tablets or Granules)

FOR INDIGESTION

20-22k

OTHER TABLETS NOT ASPIRIN AT ALL

Only Tablets with "Bayer Cross" are Genuine Aspirin



If you don't see the "Bayer Cross" on the tablets, you are not getting Aspirin—only an acid imitation.

The "Bayer Cross" is your only way of knowing that you are getting genuine Aspirin, prescribed by physicians for over nineteen years and proved safe by millions for Headache, Neuralgia, Colds, Rheumatism, Lumbago, Neuritis, and for Pain generally. Made in Canada.

Handy tin boxes of 12 tablets—also larger sized "Bayer" packages can be had at drug stores.

Aspirin is the trade mark (registered in Canada), of Bayer Manufacture of Monoaceticacidester of Salicylicacid.

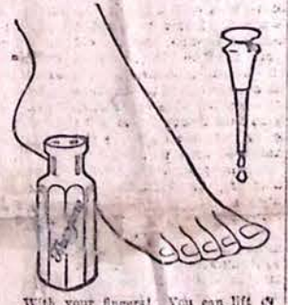
While it is well known that Aspirin means Bayer manufacture, to assist the public against imitations, the Tablets of Bayer Company, Ltd., will be stamped with their general trade mark, the "Bayer Cross."

BUY a Lot from me at St. Peters and I will lend you the money to build a house on easy instalments.

GEO. W. KYTE, K. C.

Lift off Corns!

Doesn't hurt a bit and Freezone costs only a few cents.



With your fingers! You can lift off any hard corn, soft corn, or corn between the toes, and the hard skin calluses from bottom of feet.

A tiny bottle of "Freezone" costs little at any drug store; apply a few drops upon the corn or callus. Instantly it stops hurting, then shortly you lift that bothersome corn or callus right off, root and all, without one bit of pain or soreness. Truly! No humbug!



Money in Economy

Classified Want Ads are an economical and effective method of reaching the buying public. Their small cost is not an expense, but an investment which will return large dividends.

THE BIG STORE

IS STOCKED IN EVERY DEPARTMENT

DRY GOODS OF ALL KINDS AT RIGHT PRICES.

FULL LINE OF GOOD, FRESH GROCERIES IN STOCK.

FLOUR, FEEDS Etc., at Prices to Please.

Wishing all friends and customers a Happy and Prosperous New Year.

JOHN LeBRUN

INTERNATIONAL RAILWAY

Train Service

BETWEEN

ST. PETERS & POINT TUPPER.

(Daily except Sunday.)

Read Down.	Stations.	Read Up.
Leave 8:15	St Peters	Ar. 5:30
" 8:40	Sporting Mt.	" 5.10
" 9:00	Grand Ance	" 4:50
" 9:20	Whiteside	" 4:55
" 9:30	Basin Road	" 4:23
" 9:35	Evanston	" 4:15
" 9:46	Chapel Road	" 4:10
Ar. 10:20	Pt. Tupper	Lve. 3:45

Trains connect at Point Tupper with No. 6 Train for Halifax and with No. 5 Train for Sydney.

COASTAL STEAMSHIP CO., LIMITED

TIME TABLE—S.S BRAS D'OR

On and after Monday, June 14, 1920, the S. S. Bras d'Or will leave as follows:

Leave Sydney 7 a. m., North Sydney 8 a. m., every Monday for Baddeck, Grand Narrows, Marble Mountain, St. Peters Canal, Poulamond, Grandique, arriving at Mulgrave Monday evening in time to take the night train for the West.

Tuesday morning leaves Mulgrave after arrival of train from West, for Port Hood, Margaree, Grand Etang and Eastern Harbor

Wednesday morning leaves Eastern Harbor for Mulgrave.

Leaves Mulgrave WEDNESDAY afternoon (after arrival express) for Sydney, calling at Arichat, St. Peters Canal, Baddeck and points in Bras d'Or Lakes. Wednesday night will stop at Arichat or St. Peters Canal.

Thursday will have all-day sail on the Bras d'Or Lakes, arriving in Sydney in the evening.

This will give passengers leaving Sydney on Monday morning and leaving Mulgrave on Wednesday afternoon a daylight sail through the entire Bras d'Or Lakes.

This steamer will be open for excursion arrangements.

Passengers desiring a daylight sail on this steamer can leave Sydney on Monday, calling at Baddeck and Grand Narrows, taking the evening train from Grand Narrows to Sydney, arriving the same evening about eight o'clock.

Round trip by boat to Grand Narrows and return by rail only $3.00.

Meals, 75c. each.

Coastal Steamship Co., Limited.

DAVIS MENTHOL SALVE

Soothes and Heals Inflamed Skin Sore Joints Piles and Boils In tins, 25c. Davis & Lawrence Co. Montreal

IF FEEBLE, CHILLY, THINBLOODED and EASILY EXHAUSTED, take

FERROVIM

TRADE MARK

The Invigorating Tonic

A. Druker

Optician & Optometrist

92 UNION STREET

SYDNEY, N. S.

CANADA LINE.

Steamship Service.

SUMMER Time Table, 1920

S. S. ROBERT G. CANN

Leaves Canso for Mulgrave daily (except Sunday) 7 A. M.

Connecting with Canadian National Railway West bound train at Mulgrave.

Leaves Mulgrave for Canso daily (except Sunday) on arrival Canadian National East Bound train from Halifax.

HUGH CANN & SON, LTD

A. D. GUNN, K. C.

BARRISTER, ETC.

Bank of Nova Scotia Building

SYDNEY, C. B.

IF YOU WANT ANYTHING ADVERTISE FOR IT.

IF YOU
Want a cook,
Want a partner,
Want a situation,
Want a servant girl,
Want to sell a horse,
Want to sell a carriage,
Want to sell your property,
Want to sell your groceries,
Want to sell your dry goods,
Want to sell your hardware,
Want to sell your millinery,
Want customers for anything,
Advertise weekly in this paper.
Advertising brings customers,
Advertising will ensure success
Advertising shows energy,
Advertising shows pluck,
Advertising is "the,"
Advertise or bust,
Advertise long,
Advertise well,
ADVERTISE.
At once.

J. P. BURKE

NOTARY PUBLIC

Collections receive prompt attention.

Fire, Life, Marine & Accident Insurance.

OFFICE:

River Bourgeois, C. B.

Magic Sugar Syrup.

A BRIGHT, HEAVY, BEAUTIFUL SYRUP MADE FROM SUGAR

This Syrup can be used in the household for every purpose that Molasses is used for, and may be purchased at any retail grocer's for a little more than half the price of Molasses.

As a contribution to lowering the high cost of housekeeping it is unexcelled by anything on the market.

Do not throw away money; buy Magic Sugar Syrup and use it in your home in place of Molasses.

JOHN TOBIN & CO.

HALIFAX, N. S.

Nova Scotia Steel & Coal Company, Limited.

Manufacturers of **STEEL**

Merchant Bars, Sheets and Plates, from 12 guage up to 1-inch by width 50 inches. Heavy Forgings, Hammered Shafts, Steam and Electric Car Axles, Fish Plate and other Railway Materials. Tee Rails 12, 18 and 28 lbs per yard.

SCOTIA PIG IRON

FOR FOUNDRY USE

For Prices and other Particulars apply to

HEAD OFFICE:

NEW GLASGOW, N. S.

The Rexall Drug Store

We have a complete line of these famous remedies and Toilet Preparations. We will be pleased to have you inspect them.

O PEKA TEA & COFFEE

A SPECIALTY.

NONE BETTER.

Try a pound and you'll use no other

All the REXALL LINES are guaranteed. If not satisfactory in any way we will be pleased to REFUND YOUR MONEY.

RICHMOND DRUG CO.
LIMITED
ST. PETERS, C. B,
All Prescriptions Dispensed by a Graduate.

ATTENTION FISHERMEN!

Prepare for Next Season's Fishing by Having Your Engines Repaired

AND PUT IN GOOD RUNNING CONDITION.

The best way to do this is to send them to us, as we have first-class facilities and make a specialty of that kind of work.

Just ship them to us, freight charges prepaid, with your name and address plainly marked. Write us when you want them returned and we will give the work our very best attention.

IT WILL PAY YOU TO DO THIS, as a breakdown and consequent delay in the fishing season is expensive and may result in a loss many times greater than the cost of repairs.

We make the "FRASER" Engine and know when an Engine is right.

Don't Delay. Send at Once.

Mackay & Fraser, Ltd.
NEW GLSAGOW, N. S.

THE ARICHAT PHARMACY.

(Private Consulting Office of Dr. B. A. LeBlanc.)

We have opened a Drug Store for the convenience of our patients and the public generally,

We solicit the patronage of the people of Isle Madame and Richmond County.

Prescriptions Filled and Sent by Mail.

WE CARRY A FULL LINE OF PHARMACEUTICAL PREPARATIONS.

We also handle Patent Medicines and will be pleased to order any not in stock. We carry superior Toilet Articles and Perfumes.

GIVE US A CALL.

DR. B. A. LeBLANC, Proprietor.

A physician's famous prescription for internal and external use that has proved a blessing to humanity for over 100 years.



Johnson's Anodyne Liniment

A wonderfully soothing, healing and penetrating anodyne for Coughs, Colds, Grippe, Sore Throat, Chills, Cramps, Sprains, Strains, Cuts, Burns, Bruises, and many other internal and external ills. There is none "just as good" as this ever reliable old family remedy with over a century of success to its credit.

Let the public know through the Record what you have to sell.

Local News. Local News.

There is snow enough down now to ski, or so we do.

G. J. LeBlanc has just received a car of flour comprising the favorite brands.

An ounce of faith is worth a ton of experience when it comes to getting a thing done.

Messrs. Bowes, Burchell and Stewart were calling on the trade here this week.

France announces that Germany must pay her war bills and disarm or force will be used against that nation.

Messrs. D. H. Campbell and Jno. Latimer were in St. Peters this week attending the meeting of the Board of Assessors

There was a dance in the hall last night. We are sorry we are not a good step-dancer, as it deprives us so much fun and exercise

John Doiron is the new ferryman at Grandique in place of John Kavanagh, whose record as ferryman for many years is a good one.

If you advertise in a paper, pay the regular rate cheerfully and change the ad whenever necessary. It always pays to advertise, and the business man too dense to see this should change his occupation.

The embargo declared some weeks ago by the Brotherhood of Railroad Employees against the shipment of steel products from the plants of the steel companies in Cape Breton, has been called off.

That the Record has many good and staunch friends has been made abundantly evident to us during the present month by the number of complimentary letters we have received from all over the county and elsewhere. We are glad our work is appreciated.

The marriage of Alcid Marchand, of this place, and Miss Eva Richard, head of harbor, took place in the Convent Chapel here on Wednesday morning, Rev. Father Gallant officiating. The happy couple have the best wishes of their friends for happy wedded life.

The Richmond Drug Co., Ltd., St. Peters, with their usual enterprise, are advertising the famous Rexall Remedies in the Record. It will pay you to call and inspect their splendid stock. Mr. McDonald, the manager, will be pleased to show you these celebrated remedies, always kept in first-class drug stores.

Dr. A. H. Cameron, a promising young medical man of St. Peters, is at present assisting Dr. M. F. McLean, North Sydney, in his extensive practice, the latter not being in very good health. Dr. Arthur is a kind, generous young man—just the kind to radiate sunshine in the sick room. Success to him.

Councillor Harry D. Boudreau, of Petit de Grat, and Miss Florence Sampson, eldest daughter of Mr. and Mrs. Sylvester Sampson, were united in marriage on Monday Rev. Father D'Auteuil, P. P., officiating. The groom was supported by Henry Sampson, a brother of the bride, and Miss Juliet Sampson, a sister of the bride, acted as bridesmaid. The following young men from Louisdale attended the wedding and enjoyed the festivities that followed: Jas Sampson, Jas. Linden, Wilfred Linden and Joseph Sampson. They called at the Record office on Wednesday on their way home and reported having "a whale of a time". The happy wedded couple have the best wishes of their many friends for a happy and prosperous journey through life together

Geo. W. Kyte, K. C., was in town this week on professional business. If George Washington Kyte had a seat in the Commons at the present time representing Richmond it would be greatly to this much neglected county's interests, and within our hearing we have heard some of his opponents express this very thought. His bright intellect, eloquent tongue and forceful personality would so impress themselves on the government that Richmond would not be overlooked as it has been for several years past. The next re-distribution may make this possible if the original boundaries of Richmond in federal elections are restored, as they promise to be. Everyone should sink partyism for the good of the county and rally to the support of our own bright sons when they present themselves for election. This is our idea of patriotic duty and we have nothing to lose or gain by promulgating it. We want to see the county well served and ably represented, and our duty as a public newspaper is to see that this is achieved. Home talent first.

We plead for the art of forgiving. What does it all amount to, anyway—this fighting and hating one another? If you cannot love your enemy, you can at least leave him to wallow in the mire of his own malice. If in the wrong, no one knows it so well as he, while your conscience is clear. Don't be an Indian—he whose gross instincts and cold-blooded brutality are characteristic of his race—they who never forget because they will never forgive. It is as important to forget as it is to remember. No man or woman who deems themselves a nemesis, treasures up a wrong, nurses an injury, or permits an ignoble hatred to fester in the heart, can ever experience true happiness or attain true success. They are always a pervert. They are creatures of petty prejudices and jaundiced resentment—the kind a good God never made. Let go of the depressing and weakening grievance—wipe the slate clean each day. See to it that no hatred poisons the mind, destroys the soul or clouds the memory. Forgive and forget—smile on—and let yesterday alone.

D. J. is going to put the movies on tonight. Take your best girl.

John R. Spry, of Malagawatch, was in town for a few days this week.

Capt. Thos. Boudreau, who was sailing in foreign waters, arrived from Gibraltar last week.

The Dominion government will be petitioned to proclaim that Thanksgiving Day and Armistice Day fall simultaneously on Nov. 11 and to be a national holiday.

Mrs. A. A. LeBlanc left last week for Alberta on an extended visit to her son and three daughters, all of whom are teaching school in that province.

Here's wishing St Peters oldest resident—Duncan Cameron, Esq., 86 years young—many more birthday anniversaries. Mr. Cameron is a near relative of that distinguished prelate, the late Bishop Cameron, of Antigonish.

Each heart has its burden of sorrow,
Each soul has its shadow of doubt;
'Tis sunshine we're yearning to borrow—
True sunshine within and without.

Flour and Feeds.

Arrived at J. A. Stewart's Store, Grand Anse, this week: Robin Hood Flour, Royal Household Flour in barrels and bags. Also Shorts, Bran, Middlings, Cornmeal, Cracked Corn, Oats in three bushel bags, Seed Flour. Prices right.

The Mayor of Dartmouth (Dr. Simpson) occupies a whole half-page ad. in the Dartmouth Patriot in a vicious personal attack on the editor of the Independent, recently established in the same town. The Independent wants a new Mayor for the town and a candidate has come forth in the person of Colonel Yidito, who will be Dr. Simpson's opponent for the Mayoralty. The Mayor's slashing attack on the Independent man was as vitriolic as anything we have ever read. He was evidently boiling all over when he penned it and the vinegar bottle must have been near to his elbow. Editor Johnstone's "come back" (if he has survived the attack) may disillusion the Mayor that even an autocrat is not above criticism.

The steamer Tusske, which has been giving us only a tri-weekly service the past three months, is going to give us no service at all during the whole month of February. On Saturday, 29th inst., she makes her last trip until the 1st of March. We are drifting from bad to worse and very little attention is given to public interests. The Tusske's contract expires on March 30. We are isolated indeed, and the only solution is railway connection. It cannot come too soon, and a strong agitation should be inaugurated and followed up without any let up for a branch line from Grand Anse to Arichat. That would make us quite independent of the water route and save the government thousands of dollars annually in subsidizing a boat to perform the Arichat-Mulgrave service.

Prices Reduced.

J. A. Stewart says prices on Cotton Goods, Boots, Shoes and Clothing have dropped for spring. Although Spring Goods have not yet arrived, he is Reducing Prices on Goods now in Stock. So his customers need not have to wait until the spring to receive the benefit of the Drop in Price.

The Record is informed by a correspondent in Halifax that at a meeting of the executive of the Red Cross held at the home of Mrs Dennis recently the sum of $150.00 was voted for prizes to be given to members of the Boy Scouts throughout the province who take the highest stand in the health course prescribed for by Scout organizations. This move to promote health education amongst the young has been highly endorsed by Dr. W. H. Hattie, provincial health officer and other local health authorities. On the same evening there was a mass meeting of the Boy Scouts in the School for the Blind. A very interesting programme was provided and an address on Health given by Dr. Craig. The boys were very much interested and enthusiastic over the possibility of undertaking Health work. Too much cannot be said in favor of health education among the young; not only from the standpoint of the boy himself, but from the fact that he goes out as a missionary amongst others and is a fruitful means of disseminating the principle of good health-living and public health ideals.

Hall's Catarrh Medicine

Those who are in a "run down" condition will notice that Catarrh bothers them much more than when they are in good health. This fact proves that while Catarrh is a local disease, it is greatly influenced by constitutional conditions. HALL'S CATARRH MEDICINE is a Tonic and Blood Purifier, and acts through the blood upon the mucous surfaces of the body, thus reducing the inflammation and restoring normal conditions.

All druggists. Circulars free.
F. J. Cheney & Co., Toledo, Ohio.

SERVANT WANTED.

One who is capable of taking full charge of household duties until the spring in a small family. Good wages.

Apply immediately to
MRS. B. BOURINOT.
Arichat, Jan. 22, 1921.

FOR SALE.

4-year-old Cow, due to freshen in March. Price $50.00. This offer is good only until the 28th inst.

T. A. BOYLE.
West Arichat, Jan 18, 1921.

Things We Think.

Things Others Think, and What We Think of the Things Others Think.

History repeats itself, by the goose step route.

A rooster purchased at a meat market was found to be loaded with gold nuggets, and the butcher is likely to be prosecuted for charging chicken prices for mineral.

To some much of the pleasure about married life comes from not being married,

"Ragtime preaching is condemned by a U. S. bishop. It does seem as if the teachings of the Saviour would be difficult to harmonize with that kind of a tune.

Music has a peculiar charm. It soothes both man and beast. The tiger purrs to her young and they are contented; the bird sings to her chicks and they chirp their happiness; the wildest savage has a weird tattoo that comforts, and civilized man forgets his cares under the influence of musical harmony.

You can't expect to find a very high value placed upon religion in a country where is more preaching than practicing on the part of all too many of the sky pilots.

A millionaire in his seventies has married an Indian princess in her twenties. She's probably looking forward to the time when he will be a good indian—or dead one.

Don't begrudge your neighbor the happiness your smile will give him.

The faster you live the quicker you die.

Many of those who come into the world half naked will be able to complete the job after leaving it.

Human hair is selling for $30 a pound. We are pleased to learn at last that those long-haired musical fanatics are worth something.

Many an optimist would be a pessimist if things weren't coming his way.

You can't buy any but cheap friends.

Don't keep your children living in fear of some fearful punishment or allow them to feel that they are not as good as their associates. It will develop a feeling of timidity that will be a great handicap in their later fight with the world

Dullest people make the best tools.

Misfortune gives a post-graduate course in experience,

You can't blame a formerly henpecked husband for being afraid of his wife's ghost.

How many "ironclad" promises a man makes that he would never think of backing up with collateral!

You can't make amends for forgetting to take a stitch in time.

Don't be so darned good to yourself that you haven't any to pass around.

Your ability to do things in the future depends upon what you are making of yourself today.

Men and women are perverse and inconsistent anyway. A man wouldn't walk on the street with a woman who had a cigar stuck in her mouth or who was squirting tobacco juice into the gutter; and a woman wouldn't walk down the street with a man whose outside clothing allowed his underclothes to show through.

To insinuate that certain young woman is not good enough for a certain young man—that she is this and that—is the way a certain censor of other people's morals and conduct has of comparing the purity of her own character with that of those of more "common clay."

We would like to participate in the division of the few thousands realized from the sale of a mining property left by our late lamented progenitor. We would be able to take our invalid wife to a sunnier clime and enjoy a much needed rest.

King Alexander of Greece died from the effects of a bite of a monkey. Nothing has been said as to the condition of the monkey.

A politician near Sydney says he got into politics by an accident. Well, as long as no one was hurt, it's all right.

Many a new dish with a high-sounding name is merely the common dish our grandmothers used to make t avelling under an alias.

You never enjoy a vacation half as much as you expect to.

Don t go to law to get even with anyone. You never can get even with your lawyer.

You cannot make others happy without getting some pleasure out of it yourself.

Very few people do with their wealth what they promised they would before they got it.

Your eyes are out of kilter if they see everything that goes on before them.

D. P. Morrison, Seaview, remitting for the Record, says he would not be without it if it cost him $5.00 per year. Thanks, Denis, but in our opinion 'tisn't worth half the money.

Many who berate the idle rich would not work if they didn't have to.

Doesn't it make you feel like kicking yourself when a man winks at you mysteriously, and you try to appear to know just what he means, only to do the opposite of what he wishes you to?

The fellow who slamwhangs the the Record as an advertising medium is a backnumbe.—no good to himself, the devil or the public.

It is a right that no one can deny others to live quietly, not associate with those who gossip about their neighbors and pry into private matters that are none of their concern.

1920. A No. 218.

In the Supreme Court.

Between:
GEO. W. KYTE, Plaintiff
and
JAMES HALL, administrator of the estate of MARY HALL, deceased, and the said JAMES HALL, Defendant.

To be sold at public auction, by the Sheriff of the County of Richmond, or his Deputy, at the Court House in Arichat, in the County of Richmond, on THURSDAY, the 3rd day of MARCH, 1921, at the hour of twelve o'clock noon, pursuant to an order of Foreclosure and Sale granted herein and dated the 20th day of January, 1921, unless before the day of sale the amount due the plaintiff on the mortgage foreclosed herein with his costs to be taxed be paid to him:

ALL the estate, right, title, interest, equity of redemption, claim and demand of the defendant, James Hall, as administrator of the estate of Mary Hall, deceased, as well as in his own person, and of all persons claiming or entitled, by, from or under the said Mary Hall, deceased, or the said James Hall, in or to all those certain lots and parcels of land situate, lying and being at St. Peters, in the said County of Richmond, and described as follows:

That lot bounded on the East by a public road known as the Leahy road; on the rear by lands of Peter McNeil; on the West by lands of Daniel A. Coffey, and on the North by the main post road. Said lot having a width of seventy-six feet at the rear and a length along its western boundary of one hundred and sixteen feet along the main post road. Also that lot bounded on the South by the main post road; on the West by land owned by Daniel A. Coffey; on the North by the waters of the Bras d'Or Lake. The same being the lots of land conveyed by Sarah McKenzie and Annie McCuish to the said Mary Hall by deed bearing date the 6th day of October, 1916, together with the easements and the appurtenances.

TERMS:—Ten per cent. deposit at time of sale; remainder on deliver of deed.

Arichat, C. B., January 25, 1921.
JAMES D. POWER,
Sheriff in and for the County of Richmond
GEO. W. KYTE, K.C.,
St. Peters, C. B,
Plaintiff, Solicitor in person.

RICHMOND STEAMSHIP CO., LIMITED.

Time Table—S. S. RICHMOND.

On and after Monday, June 14, 1920, the S. S. Richmond will leave as follows:

Monday and Thursday—Leave St. Peters at 6.30 a. m. for Poulamond, Grandique and Mulgrave, returning to St. Peters same day.

Tuesday and Friday—Leave St Peters at 5 a. m. for Johnston's Harbor and Grand Narrows. Leaves Grand Narrows on arrival of express from Sydney for Marble Mountain and West Bay, returning to Grand Narrows same day.

Wednesday and Saturday.—Leaves Grand Narrows on arrival of express from Sydney for Marble Mountain, returning arrive at Grand Narrows about 1 o'clock, thence leave for Johnston's Harbor and St. Peters.

Richmond Steamship Co., Ltd.

DOT DASH DOT DASH

DOT DASH DOT DASH; that is the letter J in the telegraphic alphabet. If you are think of learning either ordinary or wireless telegraphy write

Knight's Business College,
CLACE BAY, N. S.

COMMERCIAL SUBJECTS TAUGHT. Graduates Always Hold Their Jobs.

DAY AND EVENING CLASSES.

$50 to $5,000
A YEAR FOR LIFE
A CANADIAN GOVERNMENT ANNUITY PROVIDES IT

—No better life investment available
—No better security obtainable
—Cannot be seized or levied upon for any cause
—Will be replaced if lost, stolen or destroyed
—Not affected by trade depression
—Free from Dominion Income Tax
—No medical examination required

Anyone over the age of 5 years resident or domiciled in Canada may purchase.

Any two persons may purchase jointly.

Employers may purchase for their employees—school boards for their teachers—congregations for their ministers.

Apply to your postmaster, or write, postage free, to S. T. Bastedo, Superintendent of Annuities, Ottawa, for new booklet and other information desired. State sex and age last birthday.

CHAPPELL BROS. & CO., Limited

Have purchased the plant and equipment of Rhodes, Curry, Ltd., in Sydney, N. S.

The business is being reorganized and will in future be known as

Chappell's, Ltd.

SYDNEY, N. S.

CONTRACTORS — BUILDERS — WOODWORKERS—BUILDERS SUPPLIES—PLATE GLASS—LUMBERMEN.

ARE YOU PREPARED FOR THE WINTER?

"THE STORE OF SATISFACTION."

OFFERS EXCEPTIONALLY

LOW PRICES

IN

Lumbermen's Shoes, All Wool Sweaters, Driving Mits
Mackinaw Coats, Heavy Working Pants, Gloves, &c., &c.

Headquarters for First Quality Groceries.

A. A. LeBRUN D'Escousse, C. B.

The BISSETT CO., Limited

153 LOWER WATER STREET
HALIFAX - - CANADA
P. W. BISSETT, Manager

General Commission Merchants and Agents
Forwarding Agents, Ship Brokers and Ship Owners.

Large Wharfage and Storage Accommodation for all Classes of Goods with Low Rates of FIRE INSURANCE.

Advances made on Consignments when Required.

Correspondence Solicited,

CABLE ADDRESS: "BISSETT HALIFAX". CODES USED: A.B.C. 4th, 5th and PRIVATE. TELEPHONE: ST. PAUL 280

USEFUL XMAS GIFTS.

That last for years and are a constant reminder of the Giver. Our Catalogue is full of just such Gifts. Write for a copy today.

Special List of Baby Sleighs, Sleds, &c.
NOW READY.

WE PAY FREIGHT on orders amounting to $10.

VERNON & CO. FURNITURE. CARPETS. ETC
TRURO N. S.

There are *five* simple ways to tell good tea.

First, by the bright copper color of the tea when steeped.

Second, by the exquisite aroma.

Third, by the delightful, refreshing flavor.

Fourth, by the satisfying richness.

Fifth, by the economical strength.

Make a brewing and you will find all these qualities combined in Red Rose.



137 *Red Rose Coffee is as consistently good as Red Rose Tea.*



HEALTH EDUCATION

BY DR. J. J. MIDDLETON
Provincial Board of Health, Ontario

Dr. Middleton will be glad to answer questions on Public Health matters through this column. Address him at the Parliament Bldgs., Toronto.

Cancer is increasing—in fact it is one of the four greatest causes of death in this province. This increase is probably not altogether real, but is to some extent due to better diagnosis, and dettifying of the causes of death. The disquieting fact remains, however, that the number of cases of cancer reported is steadily increasing.

The causes determining the prevalence of this disease are still wrapped in obscurity, but certain recent investigations would seem to indicate that cancer, like enteric fever, is prevalent in certain places, and that it occurs more generally among people living in low-lying valleys with clay soils than among those on high, dry, and non-retentive soils.

It has also been claimed that "cancer houses" or groups of such houses, in which successive families have suffered from cancer, though in no way related to each other, did exist in certain localities. Although the evidence, both as to infective areas and cancer houses is by no means strong, it is desirable that rooms occupied by a person suffering from cancer should be cleaned and disinfected from time to time.

All races of mankind are liable to cancer, and likewise all vertebrate animals—with the possible exception of reptiles—whether they be living in a state of nature or in captivity. Cancer in the lower animals has the same increased prevalence in old age, and therefore the same relation to the duration of life as in man. The disease has been successfully inoculated from mouse to mouse, the new tumor being exactly the same nature as the original one.

Why do people, suffering from cancer, not apply for medical advice sooner than they do? Because most people think that "pain" is an early symptom. Pain, however, is usually not an early symptom, as by the time it occurs the disease is usually advanced.

The only cure for cancer at present known, is its early and complete removal. Cancer, if removed early, has been proved conclusively to be a curable disease. If neglected and not removed in its earliest stage, it is practically invariably fatal, and both the medical profession and the public have a serious responsibility in making these facts well known.

The following information should be of vital assistance to the public. It is no exaggeration to say that, if acted upon, the result would be the saving annually of many hundreds of lives, which at present are inevitably lost.

Read these facts carefully and remember them:

(1) Cancer, in its early and curable stage, gives rise to no pain or symptom of ill-health whatever.

(2) Nevertheless, in its commonest situations, the signs of it in its early stage are conspicuously manifest.

(3) In case of any swelling occurring in the breast of a woman after 40 years of age, a medical man should at once be consulted. A large proportion of such swellings are cancer.

(4) Any bleeding, however trivial, occurring after the change of life, means almost invariably cancer, and cancer which is then curable. If neglected till pain occurs, it means cancer which is almost always incurable.

(5) Any irregular bleeding occurring at the change of life should invariably be submitted to a doctor's investigation. It is not the natural method of the onset of the change of life, and in a large number of cases means commencing cancer.

(6) Any wart or sore occurring spontaneously on the lower lip in a man over 45 years of age is almost certainly cancer. If removed at once the cure is certain; if neglected, the result is inevitably fatal.

(7) Any sore or swelling occurring on the tongue or inside the mouth in a man after 45 years of age should be submitted to investigation without a moment's delay, and the decision at once arrived at by an expert microscopical examination whether it is cancer or not. A very large proportion of such sores or swelling occurring at this time of life are cancer, and if neglected for only a few weeks the result is almost inevitably fatal. If removed at once the prospect of cure is good.

(8) Any bleeding occurring from the bowel after 45 years of age, commonly supposed by the public to be "piles," should be submitted to investigation at once. A large proportion of such cases are cancer, which at this stage is perfectly curable.

(9) When warts, moles, or other growths on the skin are exposed to constant irritation they should be immediately removed. A large number of them, if neglected, terminate in cancer.

(10) Avoid irritation of the tongue and cheeks by broken, jagged teeth, and of the lower lip by clay pipes. Many of these irritations, if neglected, terminate in cancer.

Certain predisposing factors in the causation of cancer are now pretty generally accepted. Some of these are beyond individual control; others, however, such as occupation and habits of life (determining a localized chronic irritation or inflammation) and suspicious growth in connection with old scars and simple tumors call for more general recognition among the public, in order that preventative measures and early treatment may be put in operation.

These facts in cancer prevention should be given the widest publicity throughout the province. They are of vital importance to all classes of the community.

Anybody Can Quit.

The easiest thing to do with a job that you don't like is to throw it down and run away from it. But it requires no brains to do that. Anybody can quit. It takes character and stamina to persist against odds.

We all enjoy swimming or floating with the current of popularity. Now and then a soul bolder than the rest attempts to stem the current and to make his way upstream. He finds it hard going, and he cannot persuade anybody to go with him. He suffers the penalty that attaches to being a pioneer and an innovator. It would be easy to give over the struggle. But an indomitable spirit forbids a surrender.

Cessation cannot be made to spell creation. If you want to get anything done you have to keep moving. The rest cure is not a remedy for the diseases of the body politic. While grass grows under the feet of the good, the evil folk are making hay in the sun upon the same meadow. We hear of those who grow weary of well-doing; but apparently the sinful never tire of their trade.

An idle goodness is not effectual. Children are told to "be" good. There is not very much in merely being good. It were better to tell them to "do" good. The fault to be found with some religious societies has been that they were content with the unproductive sacrosanctity of their members. These persons did not sally forth to give battle to monstrous wrongs. They drowned the din of the world with plaintive anthems unrelated to conduct. They seemed to the world like slackers, who, lacking courage to endure, avoided the fight altogether and let the others carry on the battle and repel the assaults of the enemy.

The world does not bestow its gratitude or its rewards on those who quit. Its premiums are for those who are indomitable, those who keep going, those who try again. It is immensely cheered and heartened to renew the struggle when it sees some one who has every good excuse for giving up refusing to surrender and going at it again with all his might.

We were put on earth not to have everything come our way, but to work for the things we want; to get ahead by self-denial and sacrifice; to run a race with fortitude, and play a game in which the bruises and the blows are more in evidence than the fun. Life is not pure joy for any one; and if it were, it would not provide the preparatory schooling for the endless and boundless existence of the great hereafter.

The Japanese Navy, in strength, comes third among the Powers.

The storage dam at La Loutre Falls, Que., will, when completed, be the largest of its kind in the world, at a cost of nearly $2,000,000. It will be 1,720 feet long, 80 feet high, flow of water will be regulated by 10 gates. It will store 160,000,000,000 cubic feet of water, or over four times the quantity stored in the Assouan Reservoir in Egypt. Three hundred square miles of territory will be affected by the undertaking.

A Ready-Cooked Food
For Breakfast or Lunch

Grape-Nuts

Crisp granules of wheat and malted barley "sweet as a nut" from special processing and long baking.

No need to sprinkle sugar on your cereal when you use Grape-Nuts

"There's a Reason"



Books.

A new pair of eyes to see,
New feet to go afar,
New wings to fly with, safe and free—
That's what books are!

Thimbles.

We are so used to seeing things that we use all the time that we often forget to wonder where they came from, for, of course, everything has a beginning—even thimbles. There weren't always thimbles, you know. Indeed, for thousands of years the little dames and big dames sewing their fine seams pricked their fingers well. Then along came a Dutchman with an idea, or perhaps it was a Dutch lady.

"Why not put a little bell on the thumb and push the needle with that?" said she.

And immediately Holland began manufacturing thumb bells, as they called them—little bells for the thumb.

Then after a while some enterprising dame found it was better to put the bell on another finger, and that is the way thimbles are used everywhere—now. But the old name persists, although changed slightly from thumb bell to thimble. They were invented, as I have said, by the Dutch and taken from Holland to England in 1695. The first thimbles are preserved in museums now and look nothing like the pretty gold and silver ones we use to-day.

His Recommendation.

"I hope you'll get that job for next year with the electric company," said the football coach to Stewart, the captain of the high-school team, who had come down to the station to see him off.

"There are eighteen applicants already," said Stewart. "Four of them were in my class. Their recommendations are just as good as mine. I get my interview with the superintendent to-morrow."

"What kind of a job is it?"

"Young fellow wanted, high-school training, chance to work up in the business. They want somebody who can stick to it."

"Why don't you take in that bank book of yours," said the coach suddenly, "and show the superintendent your record for the past five years? Recommendations are all right, but facts like that in black and white speak louder than words."

"You think it might make a difference?" asked Stewart.

"Try it!" And the coach turned to speak to other members of the team.

When Stewart took out the bank book that afternoon and looked it over, he was not sure that the superintendent of the electric company would care about those rows of figures. He had started the bank book five years ago, because his father had said that every boy who could earn a dollar should save a quarter. At first the sums entered had been small for that was while he was in the eighth grade, and he had earned most of the money by doing little jobs. But no matter how small the deposit had been, when it was once in the bank it had stayed there. Beginning with his sophomore year in high school he had made his deposits every week on Saturdays just before noon. It had been easier to save when there was a set time for it; he had looked at it as a sort of game, with the score improving every week.

From that time on the amount had grown surprisingly. As he looked along the columns now he found that he could almost tell what the different figures stood for. Out of football season there had always been a great variety of jobs—tending furnaces, cleaning cars, repairing electric lights, renewing batteries on doorbells and a hundred unexpected chances to substitute in all sorts of work. By his junior year people had begun to count on him for more difficult jobs, like setting glass, putting on screens, taking off storm windows, putting up awnings and doing work about the garden. He had started a garden himself, and in the summer he had regular work in the greenhouse and with the lumber company. But what would those bare figures in his bank book mean to the electric company?

Nevertheless he followed the advice of the coach and put his bank book into his pocket the next morning when he set out for his interview.

Two days later he received his letter of appointment. "We think that you should know," the letter ran, "that it was your account with the bank that gave us proof of your willingness to work hard and steadily and of your ability to stick to a purpose."

DELICATE GIRLS MADE STRONG

Rich, Red Blood Needed to Keep Up Their Vitality.

If growing girls are to become well developed, healthy women their blood supply must be carefully watched. Mothers should not ignore their unsettled moods or the various troubles that tell of approaching womanhood. It should be constantly borne in mind that pale, bloodless girls need plenty of nourishment, plenty of sleep and regular open-air exercise. But a lack of appetite, and tired, aching limbs tend to hinder progress. To save the weak, thin-blooded sufferer she must have new, rich, red blood and nothing meets a case of this kind so well as Dr. Williams Pink Pills. These pills not only enrich and increase the blood supply, they help the appetite and aid digestion, relieve the weary back and limbs, thus promptly restoring health and strength and transforming anaemic girls and women into cheerful, happy people. Among the thousands who have obtained new health and strength through the use of Dr. Williams Pink Pills is Miss Violet Booth, Glenarm, Ont., who says:—"For a long time I was in a badly run down condition. I was pale, breathless at the least exertion, and could hardly do any housework without stopping to rest. I often had severe headaches, and my appetite was poor and fickle, and I would get up in the morning without feeling the least bit rested. I had tried several medicines, but did not get benefit from anything until I began the use of Dr. Williams Pink Pills. When I had taken two boxes I could see an improvement, and after using six boxes I found my health fully restored. I feel altogether different since I used the pills that I strongly advise them for all weak, run down people."

If you are weak or ailing in any way, avail yourself at once of the splendid home treatment which Dr. Williams Pink Pills so easily afford, and you will be among those who rejoice in regained health. These pills are sold by all dealers in medicine, or may be had by mail at 50 cents a box or six boxes for $2.50 by writing The Dr. Williams Medicine Co., Brockville.

Steam to Electricity.

Several important projects have just been added to the movement to electrify the steam railways of the world. France proposes to operate three great railway systems by waterpower, developing 480,000 horsepower for this purpose. This will afford a large surplus for industrial and other objects. It is estimated that the scheme will possess the further advantage of absence of smoke, practically inexhaustible motive power and relieving a whole industrial population of an underground existence.

Meantime the Austrian Government has submitted to the national Assembly a bill for the electrification of all the steam railways of that country, a movement which will go far toward freeing the nation from its present dependence upon its neighbors for coal. The first construction period extends to June 30, 1925, when it is hoped to have completed the electrification of the lines between Vienna and the Swiss frontier.

Sweden proposes to electrify the Gothenberg and Stockholm Railway. Chile, following the example of other European countries and Japan is preparing to operate a section of the state railways with electricity. The government proposes to float a loan of $32,000,000, partly abroad and partly in the country, for this purpose. It is expected that this movement will reduce railway operating expenses by $3,000,000 or $4,000,000 annually.

Hogs are primarily scavengers, and as such will turn practically all the farm by-products, such as skim milk, wasted grain, slops, etc., into profit.

The Fairest Thing.

The fairest thing God ever made
For human eye to view
Is God's dear sky by cloudlets strayed,
White isles and sea of blue!
Forever move without a sound
Those floating hills of snow;
But whence they come or whither bound
Only the wind can know.

The fancies of a myriad men
Have mused upon the sight!
And wondered as they gazed again
And felt their hearts grow light;
Something unnamed that yearneth vast
Doth filter through the soul
To strengthen and to guide at last
The spirit to its goal.

Thank God for what no man can know,
What utters no replies.
By meeting mystery we grow
To be more truly wise.
Not darkness only bars our ways
And 'wilders most our thought;
The truth may come in such a blaze
It dazzles, is not caught.

So daily, hourly, let me learn
The worthiest lore to win,
The line where knowledge back must turn
And faith her path begin;
Let us peruse the book of space
Where time's a thing of naught,
The fair blue sky that veils the Face
By whom all things were wrought.

World's Longest Island.

Though a glance at a map of the world gives the impression that one cannot sail the seas and be more than a few hundreds of miles from land, it is quite possible at several points to be actually 1,000 miles from the nearest point of land—even a tiny islet, says Pearson's Weekly.

Sailing northwest from San Francisco, one can reach a spot where there is no land for 1,000 miles in any direction. The same thing occurs if a voyage is taken southeastwards from the most southern point of Kamchatka, in Eastern Siberia.

Between Cape Horn and New Zealand, in the Southern Pacific, a point can be reached from which the nearest land is distant more than twelve hundred miles.

Kerguelen Island, in the Southern Indian Ocean, is over three thousand miles from the nearest mainland, and may lay claim to being the most isolated island.

Minard's Liniment for Burns, etc.

Highest Railway Stations in Canada.

The highest railway stations, with their elevations in feet above sea-level, in the respective provinces of Canada are as follows:

Nova Scotia, Folleigh, 612 feet; New Brunswick, Adams, 1,204 feet; Prince Edward Island, North Wiltshire, 311 feet; Quebec, Boundary, 1,850 feet; Ontario, Dundalk, 1,705 feet; Manitoba, Erickson, 2,053 feet; Saskatchewan, Senate, 3,171 feet; Alberta, Mountain Park, 6,820 feet; British Columbia, Stephen, 5,332 feet; Yukon, Meadows, 2,924 feet.

Poland, the recreated State, consists of 120,000 square miles, with a population of 21,000,000.

Poor tired feet—
Walked all day
danced all night

BAUME BENGUÉ

for quick and sure relief. Soothing and refreshing.

BEWARE OF SUBSTITUTES
$1.00 a tube.
THE LEEMING MILES CO., LTD.
MONTREAL
Agents for Dr. Jules Bengué
RELIEVES PAIN

CANCER MORTALITY: IT CAN BE CHECKED

MORE INTENSIVE STUDY IS REQUIRED.

To Permit Early and Accurate Diagnosis and Treatment by Our Doctors.

"Once quality your doctors to diagnose quickly and then properly to treat those cancer cases, and a considerable part of the battle will be won."

Thus does Herbert Snow, M.D., in "The Nineteenth Century," definitely state the chief necessity in the campaign to overcome the annually increasing mortality from cancer.

The exciting causes of every kind of cancer have long been recognized by every practitioner of experience who has had occasion to specialize in the diagnoses and treatment of cancer. To the inexperienced, unfortunately, cancer is simply cancer, whereas to properly consider cancer causes it is first necessary to segregate the different species of cancer, and not confound all together under a single term, any more so than to include under the broad term "fever" the many varieties of that disease.

There are ten known primary species of cancer, with twenty secondary varieties, and it is essential that a proper recognition of this fact precede any authoritative pronouncement on the causes which operate to induce and multiply the number of cases of this malady.

Why Cancer Is On Increase.

Mr. Snow, in his summary of reasons why cancer is everywhere increasing throughout the civilized world, emphasizes the fact that present day conditions of life are a largely contributing factor—the system is perturbed and distorted by nervous causes; trouble, anxiety, worry and general wear and tear. The malady is more general among women than among men, while all ranks of society are included.

One of the best preventives, therefore, is the cultivation of a spirit of cheerfulness and of greater equanimity to overcome the temptation to yield to small and passing worries. Further than this, everything that tends to upbuild and sustain physical health and well-being aids in preventing the development of cancer. The forms of malignant cancer which attack men are usually due, in the first instance, to some palpable breach of nature's laws, for which the patient is responsible.

There is evidently nothing that will eradicate a true cancerous growth but the surgeon's knife or the cautery, in one form or another. Nature will occasionally hold it in check, sometimes assisted by proper medical treatment.

What is undoubtedly the first essential, however, in confining and reducing the affection of such large numbers by the cancer malady is a greater recognition of the fact that more attention must be devoted to the better qualification of our medical and surgical practitioners for the early diagnoses and treatment of the disease.

WELL SATISFIED WITH BABY'S OWN TABLETS

Mrs. Emile Malette, Montpelier, Que., writes:—"I have used Baby's Own Tablets for some time and am well satisfied with them. They are surely the best medicine I know of for little ones." What Mrs. Malette says thousands of other mothers say. Once they have used the Tablets for their children they would use nothing else. The Tablets are a mild but thorough laxative; are absolutely free from opiates, narcotics or other harmful drugs and may be given to the youngest baby with perfect safety and good results. They are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams Medicine Co., Brockville, Ont.

Nature's Gem Box.

The northwestern part of Uruguay is a newly discovered field for the production of amethysts, which occur in "geodes." The geodes, so plentiful that they are picked up in the fields, are carried on mule-back or in carts to the nearest railway station and shipped in barrels to Salto, whence they are transported by river boat to Montevideo.

Naturally, it will be asked, "What is a geode?" Originally, it was a hole in rock. Water percolating through the rock deposited silica, making a lining for the cavity. The lining grew thicker and thicker, and after a long time, if the rock was broken or "weathered" to pieces, a hard nodule would drop out. The nodule is a geode; and if, as sometimes happens, the silica has formed crystals inside of it, colored by metallic salts, the geode is a little jewel box containing amethysts.

Lumberman's Friend,
The Original and Only Genuine
MINARD'S "KING OF PAIN" LINIMENT
YARMOUTH, N.S.

Fur Breeders Association.

An important meeting of fur farmers was held in Montreal during the recent exhibition of live silver foxes. Representatives were present from both Eastern and Western Canada and a national organization, to be called the Canadian Fur Breeders Association, was formed. It will have much the same relation to the fox-farming industry as the several National Live Stock Associations have to their respective branches of animal husbandry. National records for pedigreed foxes will be kept in future by the Live Stock Records Branch of the Dominion Department of Agriculture. Mr. Fred L. Rogers of Alberton, P.E.I., is secretary of the new Association.

MONEY ORDERS.

Pay your out-of-town accounts by Dominion Express Money Order. Five Dollars costs three cents.

Canada is the United States' second best customer, being exceeded only by Great Britain. Canada's purchases from the U.S. have reached $800,000,000 a year.

The Latest in Knitting

The Corticelli Wool Book, entitled "Fall and Winter Sports, No. 1" is chock full of the prettiest and most up-to-date color illustrations and knitting directions for Winter wear. Caps, vests, scarfs, sweaters stockings, toques, etc.

Send 15c in stamps for copy.

Belding-Corticelli, Limited
Wellington Bldg., - Toronto, Ont.

Poultry

When new cockerels are brought into a flock there is often considerable fighting. This can be avoided by purchasing all of the cockerels from the same flock and disposing of the old birds. Or hatching eggs can be purchased and the cockerels of the new blood raised with the home stock. The toe punch or leg bands will enable the owner to distinguish them. On free range the poorest fighters have a good chance to escape from the victors. But in a small laying-house the losers may be seriously injured by being driven about and frightened from the feed hoppers.

Nest eggs are not necessary to make hens lay, but sometimes they are of value in teaching the pullets to lay in the proper place. This is especially true when trapnesting is done and it is important to have nearly all the eggs laid in the nests and very few on the floor. Pullets are encouraged to lay in the nests and not on the floor if they always see a china egg in the nests. Eggs laid in the litter are often covered with straw and lost. They may be broken and eaten and help start the egg-eating habit.

"Pape's Diapepsin" Corrects Stomach.

"Pape's Diapepsin" is the quickest, surest relief for Indigestion, Gases, Flatulence, Heartburn, Sourness, Fermentation or Stomach Distress caused by acidity. A few tablets give almost immediate stomach relief and shortly the stomach is corrected so you can eat favorite foods without fear. Large case costs only 60 cents at drug store. Absolutely harmless and pleasant. Millions helped annually. Largest selling stomach corrector in world.—Adv.

Fertilizers on Corn Pay Handsomely.

Long time experiments in corn growing sections show material increases to be possible if fertilizer of high grade is applied in sufficient quantities. Four leading American Agricultural Experiment Stations have shown it possible to increase corn yields by an average of 21.7 bushels per acre. At the same time the increase in fodder on the same blocks exceed one-half ton. Such increases if made on the average Ontario farm would be of enormous value. An interesting test in this regard was carried on last summer in Dundas County, close to the town of Winchester by Mr. A. Christie, the report of which is as follows:

From applying 200 lbs. per acre of 3-8-5 fertilizer there was an increase of two tons per acre, from 400 lbs. of 3-8-3 there was an increase of five tons per acre. The corn was well ripened and well eared. An earlier report records the fact that "the beneficial effect of fertilizers could be distinctly noted. Each fertilized plot was taller and of a darker green color."

Minard's Liniment Relieves Colds, etc.

Rome Sells Street Refuse.

The refuse from the streets of Rome and other Italian cities is sold by auction.

Wireless telegraphy was predicted as long ago as 1846.

HIDES-WOOL-FURS

Always open to buy, and always prepared to give you the highest price and a square deal. Try us.

WILLIAM STONE SONS LIMITED
WOODSTOCK, ONTARIO
ESTABLISHED 1870

COARSE SALT
LAND SALT
Bulk Carlots
TORONTO SALT WORKS
C. J. CLIFF - TORONTO

It takes a joint of beef to make a bottle of Bovril.

BOVRIL

NEVER PROFITEERED

Has not changed since 1914

Same Price, Same Quality, Same Quantity.

Strengthen Manure For Your Crops

OHIO Experiment Station makes up for the great loss of plantfood that leaches out of manure before it reaches the fields, by the addition of 50 lbs. of Acid Phosphate to every load of manure.

Results of Experiments as follows:

Value of Gain Over No Manure

Yard Manure—alone - -	$20.40
Shed " — " - -	36.46
Yard Manure plus Acid Phos.	33.77
Shed " " "	39.12

Make similar gains on your farm in 1921 by the addition of Acid Phosphate to manure, and by a liberal application of high-grade fertilizers to un-manured fields.

Figure out your fertilizer needs for 1921, and ORDER EARLY.
Write for Booklets. Let us help you.

THE SOIL AND CROP IMPROVEMENT BUREAU
of the Canadian Fertilizer Association.
1111 Temple Building - - Toronto

ISSUE No. 3—'21.

BITS OF HUMOR FROM HERE & THERE



Modern Life.

"Do you help your wife with the dishes?"

"No."

"There isn't room for both of us in the kitchenette."

One Big Appetite Was Enough.

One day a man complained of not feeling fit, and a friend suggested that he take up exercise.

"There's horseback riding," said the friend. "It is one of the best forms of exercise on earth."

"I know," was the doubtful rejoinder "but I am afraid I can't afford it."

"Can't afford it!" exclaimed the other. "You already have a horse; and just think of the appetite it will give you!"

"Yes," responded the man, with a sigh, "and just think of the appetite it will give the horse!"

The Reason Why.

Tommy, aged six, had been out on a long walk, and on his return was speedily put to bed.

Some time later his mother, going up to his bedroom, found that her fond offspring had gone off to sleep with his feet resting on that part of the bed intended for his head.

She woke him up, reversed him, and then demanded an explanation.

Two chubby little fists wiped the sleepiness from two little eyes, and then a plaintive voice replied:

"But, mummie, my head wasn't tired, and my feet were."

Minard's Liniment For Dandruff.

Bamboo is split into phonograph needles by machinery at a rate of 10,000 needles an hour and another machine, into which they are fed by hand, can sharpen 30,000 a day.

America's Pioneer Dog Remedies
Book on
DOG DISEASES
and How to Feed
Mailed Free to any Address by the Author.
H. Clay Glover Co., Inc.
118 West 31st Street
New York, U.S.A.

A Kidney Remedy

Kidney troubles are frequently caused by badly digested food which overtakes these organs to eliminate the irritant acids formed. Help your stomach to properly digest the food by taking 15 to 30 drops of Extract of Roots, sold as Mother Seigel's Curative Syrup, and your kidney disorder will promptly disappear. Get the genuine.

MOTHER!

"California Syrup of Figs"
Child's Best Laxative



Accept "California" Syrup of Figs only—look for the name California on the package, then you are sure your child is having the best and most harmless physic for the little stomach, liver and bowels. Children love its fruity taste. Full directions on each bottle. You must say "California."

Mrs. A. Crawford Tells How Cuticura Healed Little Girl



"My little girl's trouble started with small pimples on the back of her head and they spread down her back. The pimples were hard and red and they itched and burned terribly. She scratched and irritated them and they later developed into sore eruptions. Her hair fell out and became thin and dry, and scales fell off on her clothing.

"I used a free sample of Cuticura and the pimples commenced to dry up. I bought more and when I had used one cake of Cuticura Soap and one box of Cuticura Ointment she was healed." (Signed) Mrs. Alonzo Crawford, 83 Parker St., Bangor, Maine, Jan. 22, 1920.

For every purpose of the toilet and bath Cuticura Soap, Ointment and Talcum are wonderfully good.

Soap 25c. Ointment 25 and 50c. Talcum 25c. Sold throughout the Dominion. Canadian Depot: Lymans, Limited, 344 St. Paul St., W., Montreal.
Cuticura Soap shaves without mug.

Classified Advertisements.

FARM WANTED.

FARM WANTED. SEND LISTING Box 222 John J. Black, Chippewa Falls, Wis.

Dominion Registration for Silver Foxes.

Many silver fox ranchers in Canada are still unaware that a step of paramount importance in their industry has been carried through this year. It is now possible for any fox owner, if he possesses pure-bred pedigreed stock, to secure registration of the same with the Canadian National Live Stock Records, Ottawa. This has been brought about by the formation of the Canadian Silver Fox Breeders' Association, with headquarters at Summerside, P.E.I. Full information can be obtained by writing to the Secretary, E. H. Muckley.

Minard's Liniment Relieves Distemper

Toronto's assessment for 1920 was $703,351,351, more than doubled since 1912 and trebled since 1902.

Britain's latest airship is 545 feet long, and has a net lift of seventeen tons.

WEEKS' BREAK-UP-A-COLD TABLETS TRY THEM PRICE 25¢

ASPIRIN

Only "Bayer" is Genuine

BAYER

Warning! Unless you see the name "Bayer" on package or on tablets you are not getting Aspirin at all. Take Aspirin only as told in the Bayer Package for Colds, Headache, Neuralgia, Rheumatism, Earache, Toothache, Lumbago and for Pain. Then you will be following the directions and dosage worked out by physicians during twenty-one years and proved safe by millions. Handy tin boxes of twelve Bayer Tablets of Aspirin cost few cents. Druggists also sell larger packages. Made in Canada. Aspirin is the trade mark (registered in Canada), of Bayer Manufacture of Monoaceticacidester of Salicylicacid.



Sloan's Liniment Pain's enemy

is always ready to ease rheumatism.

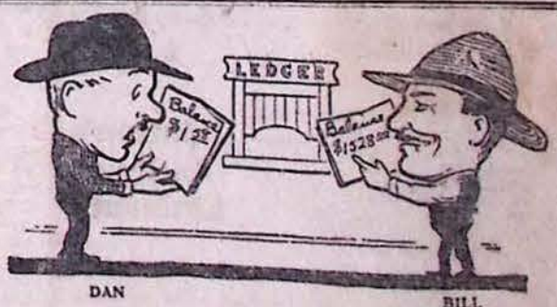
"AT the very first twinge, down comes my bottle of Sloan's; then quick relief, *without rubbing*, for it's stimulating and scatters congestion. The boys use it for stiff muscles, and it helps Sally's backaches, too." 35c, 70c, $1.40.

"DANDERINE"

Girls! Save Your Hair Make It Abundant!

Immediately after a "Danderine" massage, your hair takes on new life, lustre and wondrous beauty, appearing twice as heavy and plentiful, because each hair seems to fluff and thicken. Don't let your hair stay lifeless, colorless, plain or scraggly. You, too, want lots of long, strong, beautiful hair.

A 35-cent bottle of delightful "Danderine" freshens your scalp, checks dandruff and falling hair. This stimulating "beauty-tonic" gives to thin, dull, fading hair that youthful brightness and abundant thickness.—All druggists!



Notice Bill's Bank Book

Bill and Dan worked the same amount of land and had the same labor and expense, except that Bill used Gunns "Shur Gain" fertilizer. They both planted good seed. Bill's fertilized crop came up first, looked better during the growing period, matured earlier, was harvested first, produced a better yield and brought a bigger price on the early market.

The extra yield obtained by using "Shur Gain" fertilizer made the difference in the bank account.

Gunns "Shur Gain" fertilizer is sold throughout Ontario by representatives who are farmers and are using "Shur Gain" fertilizer themselves. Every farm is a factory—keep your "factory" running at maximum capacity.

GUNNS LIMITED, West Toronto.

If there is not a "Shur Gain" representative near you, write us regarding an agency.