Richmond County Record

"BE JUST AND FEAR NOT"

An Independent Journal Devoted Solely in the Interest of Richmond County

SIXTY-FOURTH YEAR | ARICHAT, Cape Breton, Canada, APRIL 22, 1961 | NO. 34



SUGAR and SPICE

By Bill Smiley

This is the fag-end of the year. Winter has retreated as sullenly as a ratlesnake with an ulcer. Summer is as remote as heaven. And the citizens of Canada are at the end of their tether.

In most northern countries, winter is the bad time. The Finns and the Swedes and the Russians do most of their suiciding in the melancholy of the long, dark months. Not Canadians. We are too busy curling and going to meetings and watching the hockey games on television.

No. we get through the winter famously. It's around the end of March that Canadians begin to brood, to draw in on themselves, to eye each other darkly. About this time of year, though an outsider would never suspect it, most Canadians are as mad as March hares.

What's behind it all? First, it must be remembered that we have just come through a five-months siege by a fierce, determined and implacable enemy. We have fought gallantly and well, but our nerves are frayed, our bodies racked, and our galoshes holed. Second, though the siege is raised, and the enemy has moved off, the relief column is at least a month away. Our starving souls must feed on something, and there's nothing around to eat but people.

* * *

There are terrible scenes in our homes, as men and women chew at each other and children snap at their parents. In offices, bosses snarl and secretaries weep. In schools, teachers run amok and hurl themselves headfirst at blackboards.

The March madness takes many forms. Honest, upstanding citizens spend hours crouched over income tax forms, trying to diddle the government. Elderly ladies stumble around their backyard in rubber boots, peering wildly at the ruins of last year's herbaceous border.

Other men drive far into the country and sit alone on a little bridge, bitterly watching rainbow trout leaping up a little waterfall. Other women die their hair puce, or start frantically painting their kitchens.

* * *

There's nothing unusual about all this. It's simply that the residents of this country have entered that miserable, wet, cold, frustrating, dismal season that delights in the name of Spring, gladsome Spring. We might as well be honest about it. Spring in this country is a hideous nightmare that may last from the end of March to the middle of May

Because we are a people used to Doing, rather than Thinking, we find spring an excruciating experience. There's nothing to DO! Curling is about shot, and it's too early for boating, gardening, golfing or fishing. It's the mating season, presumably, but everybody is so irritable it's rather a waste.

In other springs this waiting period, this spell of madness, has resulted in near-tragedies around our place. I have seen myself pick up a coal shovel and batter a harmless old furnace with it until I dropped from exhaustion. I have seen my wife trembling with homicidal intent on catching me chipping pieces of coal with my nine iron when I was supposed to be cleaning up the basement.

* * *

In some countries spring may be a season for light hearts, for love, for song and laughter and dancing. But in the true nnrth, strong and freezing, it's a gray time of waiting, of despair, of the March mania.

You can't have a light heart when you have a heavy fuel bill. I defy anybody to fall in love in Canada in March. Your song can't be heard above the howl of the wind. The only people who are laughing are being taken away by the boys in the white coats. And it's pretty awkward dancing when you're up to the knees in mud.

* * *

Oh, I'm all right. I haven't snapped yet. But my wife and kids are looking rather sinister these days. And some of my neighbours are beginning to act mighty peculiar. And don't tell me that old lady who tried to push me in front of a moving cart at the store the other day was completely sane. In the spring everyone in this country except me goes slightly mad, mad, I tell you, mad. Hee! Hee! Hee!

———:o:———

A Tribute to D. A. Sutherland

On the 11th. day of April, the hour nigh eleven a. m., sadness shocked our wee hamlet of Seaview in the passing of a dearly beloved friend, Donald Alexander Sutherland, well-known for his cherished hospitality, in his house by the side of the road. Now its windows site east, and west, show with us, their mourning for a gracious octogenarian, that has thus passed on. "How great thou art" to be "Safe in the arms of Jesus", and be blessed for his charitable ways of rendering kindness, which he shared with his many, many friends. Will he be blessed? Yes, on the sanctuary of heaven as a patriarch, and founder of brightness. On thy sacred sphere, thou shalt not be minus a "star" to shine down warm recollections in loving memory for thy soul has past. By his departure, there leaves a sympathetical strain that words cannot cure, but warm, deep in our hearts, his memory yet is pure. On the 13th. day at 2.30 o'clock the house funeral service was performed by Rev. G. O. Mattinson, where a congregation of St. Peter's United Church rendered in singing this hymn, "The Lord is my Shepherd". Our compassion joins with extending our warmest, deepest sympathy to all his near relatives and congenial friends.

Forever Remembered
By the Grant Brothers

———:o:———

Practice in life whatever you pray for, and God will give it to you more abundantly.

—Edward Bouverie Pusey

PETIT DeGRAT NEWS

Mr. and Mrs. Valdor Boudreau and family of Halifax, were visiting at the home of Mr. and Mrs. Andrew Boudreau, during the holidays.

Mr. and Mrs. George Blake of Halifax, were recent visitors of Mr. and Mrs. Leon A. Landry.

Mr. and Mrs. Arthur Landry of Boston, Mass., were visitors here, attending the funeral of his brother, Mr. Peter Landry.

Mr. Clancy Poirier is spending the summer months with his daughter, Mrs. Vander Landry.

Miss Beverly Hunter of Halifax, spent her Easter holidays with her cousin, Miss Brenda Fougere.

Mr. Alzear Fougere, engineer on the Arthur Cross, spent his holidays at home with his wife and daughter, Brenda.

Mr. Alcide Landry, engineer on the M. V. Maple Branch, of Halifax, is spending his vacation with his wife and children.

Anthony Landry motored to Whiteside on Sunday, guest of Miss Anne Dobbin.

Armand Boudreau was a guest of Miss Shirley Forgeron of West Arichat, over the week-end.

The Misses Roma and Eula Boudreau of the Nova Scotia Normal College, spent their Easter vacation at home with their parents, Mr. and Mrs. Alex Boudreau and Mr. and Mrs. Henry Boudreau.

Mr. Ralph Landry, Joe Boudreau Arthur Boudreau, Leon Landry, Melvin Boudreau, Charles Landry and Francis Fougere, left to join their boat on the Great Lakes where they are employed. Mr. Fougere was accompanied by his wife, who will take up residence there.

Congratulations to Mr. and Mrs. Cyril Boudeau and Mr. and Mrs. Nicholas Richard on the birth of baby boys at the St. Anne Hospital, Arichat.

Mr. and Mrs. Rennie Landry motored to Sydney on Thursday.

The Miry Maxime sweater ticketed by the members of C. W. L. was won by Miss Debbie Landry, daughter of Mr. and Mrs. Alcide Landry, of this place.

A three-Act Comedy staged by members of the L'Ardoise C. Y. O. at the parish hall on Thursday, proved very successful.

Mrs. Ronald Dobbin and two daughters, Dianne and Anne of Walkerville, Mrs. Raymond MacNamara and Mrs. Carmel Scanlon of the same place, attended the funeral of the late Mrs. Gustave Landry on April 7.

Mrs. Francis Hubert, Mrs. Robert Fraser, Mrs. William Ross all of New Glasgow, Mrs. Lubin LeBlanc of Dartmouth, Mrs. James Avery, of Hamilton, Ontario, attended the funeral of their late sister, Mrs. Gustave Landry, during the past week.

———:o:———

L'ARDOISE HOME AND SCHOOL

Seventy members attended the January Home and School meeting, chaired by Mrs. E. A. Martell. The minutes were approved as read. Following a motion a Silverware and China Committee was appointed to inquire into the price o silverware and dishes for the Home and School and Domestic Science Room.

It was moved and seconded that the treasurer send $175.00 to the Bursar at St. F. X. to fulfil obligations for the Home and School Scholarship awardad to George Landry three years ago.

On motion a committee was appointed to study the "drop-out problem" at the local level. Father J. J. MacDonald, curate, was named chairman.

A novel program was then presented. Teachers retired and parents divided into group discussions. Later a spokesman for each group presented questions to the teaching staff concerning school administration and regulations, promotion policy, busses, etc. This proved to be a most interesting program.

The February meeting was chaired by Mrs. Alexander Mombourquette, with sixty members present. Minutes were approved as read.

Sr. Paula, Education convener, reported that a Home Economics Department under the direction of Mrs. Alexander Mombourquette, had been opened after mid-term. "This forms an important part of education for girls" the principal told members.

Voluntary donations were solicited to help defray expenses of sending a school pupil to the Children's Hospital in Halifax.

Founders Day program was a message from the Council President. The talk "Plans for the Fut-

(Continued on Page 4)

New Methods of Treatment For Mental Patients

OPEN WARDS — VOLUNTEERS OFFER NEW HOPE TO MENTALLY ILL

Gradually our attitude toward mental illness is changing. Thirty years ago most of the "insane" were just written off as hopeless. Today it is realized that most of those who suffer from mental disorders are capable of recovery to the ponit where they may lead a full, useful life rather than spending the rest of their days as a public charge.

New methods of treatment with greater emphasis on early diagnosis, adequate staff, the use of open wards in mental hospitals, and the use of volunteers, have all helped to bring about this change.

* * *

DANGEROUS PATIENTS FEW IN NUMBER

The fact that years ago we used to lock up all mental patients was due in no small measure to how we thought and felt about the persons afflicted with mental illness. When we grew up with the idea that mental patients were dangerous and couldn't be trusted, when we didn't understand too much about the problem we shoved them behind closed doors and turned the key. For many this doomed them to a miserable existence for the rest of their lives in a mental hospital.

Medical science over the years brought us new discoveries; one of these was the knowledge that these people were troubled, unhappy and confused, and that with proper help early enough many could recover.

Dangerous patients, in fact, constitute "the few". Yet over the years we have designed our mental hospitals as if all the patients were dangerous. Wards were locked, bars were put on every window and many other restrictions enforced. Most patients, according to the experts in the mental health field, don't need such restrictions. The sooner we get rid of them the sooner we will begin treating our mentally ill as sick people rather than like prisoners.

* * *

BAD NAMES LIVED UP TO

What has happened in recent years makes one feel that the old saying is true; that is, "Give a child a bad name and he usually lives up to it". Patients all too often become difficult and unmanageable if they see we expect them to behave this way. Normal people, if locked up and deprived of all privileges, would be difficult and unmanageable if they saw no way out of the situation. Experience all over the world, as well as in Nova Scotia, has shown very clearly that unlocking most mental hospital wards and giving privileges has not resulted in more escapes, in more violence, etc., but in fact just the opposite. This surely means that our mental patients, although sick in mind and burdened with troubles, are sensible enough to respect the trust we show in them.

Nova Scotia mental hospitals are no exception here. At the Nova Scotia Hospital and some of our County Hospitals, wards are being opened and many patients are allowed to "come and go" as in general hospitals. With open wards and the chance to "mill out" patients become more susceptible to treatment, show more desire to get well.

* * *

ADEQUATE STAFF IMPORTANT

With adequate staff, which very few hospitals have, many of these patients can then be helped on the road to recovery. The Canadian Mental Health Association over the years has led the fight for improvements in our hospitals. Because improvements have been made we can expect a greater number of patients to recover. There is still much more to be done in many hospitals and with public interest increasing one can expect even more improvements.

* * *

VOLUNTEERS IMPORTANT

One of the most spectular developments in mental hospitals over recent years has been the work of White Cross Volunteers of the Canadian Mental Health Association and other participating organizations. These volunteers, now numbering in the hundreds, provide the all important link between the hospital and the community.

Just how much this "link" means can best be described in the words of a former mental patient now fully recovered ". . . my first contact with a volunteer came after I had been in hospital about four weeks and learned that I should be going home in a few more weeks. I still was far from well but the thoughts uppermost in my mind were 'how am I going to face my friends when they know I've been in a mental hospital; what can I say to them; how are they going to treat me; will they distrust me?' I began to feel that a person had two strikes against him once he was a mental patient. Over the course of the next few weeks I met many volunteers. They came on the wards providing recreation, leading sing songs and chatting. They organized dances and parties and in general helped to break the monotony of being in a mental hospital."

* * *

VOLUNTEERS ATTITUDE MOST IMPORTANT

"But the way the volunteers helped me most was by their attitude. They wanted me to get well, they seemed to understand me, didn't treat me as though my illness was something to be ashamed of. They made me feel differently about going home. Since they accepted me and were my fellow citizens I lost most of my fears about meeting my friends again". Other things volunteers do have real therapeutic value for the patients. In many of our mental hospitals now, including the Cape Breton County Hospital, volunteers are busy assisting the staff with arts and craft, woodworking, conducting sewing groups, hairdressing, running used clothing "shops", and a host of other activities which help to make the patients' life more enjoyable. One highlight of the activities in some of our hospitals is the monthly birthday party and dance. Here you see patients and volunteers joining together as one group with the volunteers providing the refreshments. All patients having a birthday during the month receive a present from the Volunteers.

* * *

CHURCH GROUPS— SERVICE CLUBS PARTICIPATE

At the Cape Breton Hospital church groups, service clubs, and other organizations contribute volunteer help to the hospital. At the present time most afternoons and evenings are taken up with this kind of work so that most patients benefit.

Continued on page 4)

Canada's Forests Bid Winter Goodbye

New Life Begins As Pulpwood Crop Sails Downstream

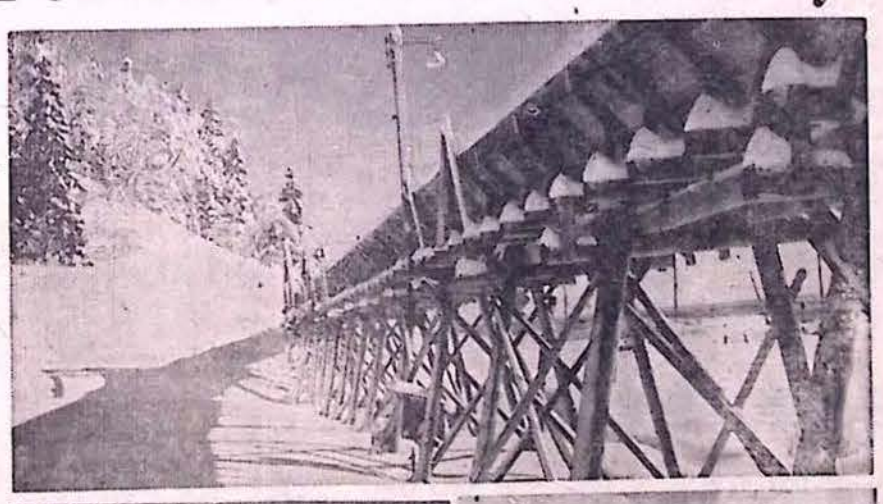
Winter gives way to spring this month, and in Canada's forests the season of new life is also the time for bringing in the harvest.

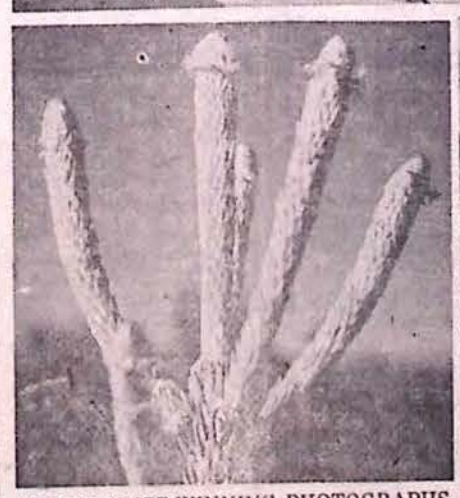
Pulpwood flumes shrug off a blanket of snow to resume their job of ferrying logs by the hundreds of thousands from the holding grounds to the pulp and paper mills. Throughout the woodlands, the warm sun awakens young spruce buds; and in the icy waters of countless rivers swollen by the run-off, the winter crop of pulpwood begins its trip downstream.

Pulpwood is Canada's most important crop. On it depend the operations of the nation's most valuable industry. From it flows, directly or indirectly, at least one in every eight dollars of the income of all Canadians.

This year's pulpwood crop will come to some thirteen million cords. Most of it will be afloat for several months, sailing steadily by sea, by lake, and by river to reach the mills in late summer or early autumn. There it will go to the great cone-shaped piles, to await its turn at the grinders or the chippers and then to become part of the $1½ billion of new wealth that flows each year from Canada's pulp and paper mills. Most of this production is shipped all over the world.

Foresters who met recently in Montreal for the 43rd annual meeting of the Woodlands Section, Canadian Pulp and Paper Association, said that this year's crop of pulpwood was harvested more efficiently than any time in the past. Increasingly, they reported, machines are being introduced to woodland operations, and their effect is to increase the speed of woods work and the productivity of the woods worker, who today is highly-trained and highly skilled.







THESE PRIZE-WINNING PHOTOGRAPHS in a competition held recently for members of the Woodlands Section, Canadian Pulp and Paper Association, show vividly how spring comes to the forests. At the top, "Flume and Shadow," by Paul E. Lambert, Anglo-Canadian Pulp & Paper Mills Ltd., Forestville, Que.; at lower left, "The Surge of Spring," by H. S. D. Swan, Pulp and Paper Research Institute of Canada, Pointe Claire, Que.; and at lower right, "Slow Water," by J. L. Jorgensen, Canadian International Paper Co., Three Rivers, Que.

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MARSHALL J. BOURINOT
Editor and Publisher

ARICHAT, Cape Breton, Canada
APRIL 22, 1961

D.A.S. Laid to Rest

Friends and readers of the Record will regret to learn that our good and faithful scribe Daniel A. Sutherland of Seaview has passed away after a lingering illness extending over the past two years.

Although Sporting Mountain Echoes by the kindly D.A.S. did not appear in our olumns for the past several months his friendly news items written with such a human interest about the folk in and about the Seaview district will be greatly missed and we are sure his Echoes will resound again and again in the hearts and minds of his neighbours and friends for many years to come.

The late Mr. Sutherland was engaged in the teaching profession during his early life and in every school section where he served he was held in high regard both as teacher and a friendly and kindly gentleman.

The little cottage by the side of the road occupied by our late friend sheltered many the weary traveller making their way up or down the snow-covered slopes of Sporting Mountain and he was truly a friend to man.

The light in the window that beckoned his friends to his abode has been extinguished and as his Echoes resound again and again so shall the light reshine to his cherished memory.

Dan Sutherland had a lot of friends not only in his native County but far beyond its confines and his Echoes in the Record for over fifty years always reported the happenings old and new and one could readily detect that our late friend took a keen and sincere interest in his old pupils and neighbours.

He shared in the joys and the sorrows of his neighbours and his kindly Echoes, so well written, displayed his thoughts whether the occasion was a happy or sad event.

The late Mr. Sutherland was a stalwart and devoted member of the St. Peters United Church.

We extend our sympathy to his relatives and we may add that our sympathy is also extended to his neighbours.

Gone but not forgotten.



Diary of a Vagabond

BY DOROTHY BARKER

I was up with the birds on a recent post-Easter morning intent on a rather precarious mission. I wanted to try to recapture an experience. Sensible people realize this cannot be done and, in a way, I found that to be true. I was not disappointed, however, for I found I could not relive the past, at least I discovered an assurance that was completely satisfying.

I followed the pattern of our picnic loving family of some years ago, picking watercress from the brook that runs thinly over a bed of pebbles at the foot of our acreage. This I added to the golden fluff of a chopped-up hard cooked egg gathered only yesterday from the orange crate nests of my neighbour's hen house. Into this I crumbled bits of bacon purchased from one of the few remaining independent butchers in our area. It is home cured with sugar by a secret family process and as it fried and curled, sputtered and crisped over a low flame, mouth-watering fumes permeated every corner of the house

Into a large tartan tote bag I tucked the egg, bacon and watercress sandwich, a two-cup thermos of hot tea brewed from Queen Mary's own blend and a piece of orange crumble cake made from my grandmother's recipe.

The train I boarded does not stop often these days at my destination. At one time the little wooden station's platform was crowded with the youth of the nearby village each day as the train pulled in fr it was then the social centre of the town where friend greeted friend and speculated on the contents of freight and mail being tossed from the train to a smiling station agent.

On this particular day a jovial conductor assured me he had arranged with the engineer to stop the train, even though it usually hurried by on its way to much larger communities. He waved a cheery goodby as the train got under way again, leaving me a lone figure standing on the deserted platform.

The tracks wind along through a thickly wooded bush. An April wind, sighing softly, picked up the harp strings of nearby telegraph wires playing a melody Thoreau once described long ago as "the poetry of the railroad."

I walked the ties along the road bed, around a bend out of sight of the station until I came to a rusty old gate hanging crazily on one hinge. I found the well remembered twin elms on a grassy slope and sat down to watch mating birds busily flirting and building nests in the branches which were only just beginning to show a feathery green. Warblers— changing their drab winter plumage for the gay yellow of a promised summer garb—dipped and dived in a see-saw flutter, their rather ineffectual little chirp blending with the noisy caw of crows.

The early morning concoction of bacon and eggs tasted good and the warm tea seemed like a tie between this moment in a lonely spot and its early preparation in my home kitchen on the outskirts of a well populated town. I was trying hard to bridge the present with the past.

When I had finished and tossed the crusts of my picnic lunch to a nervous, but bold, red squirrel, I started in search of the reason for my coming.

It wasn't far away. Just over a

Continued on page 4)

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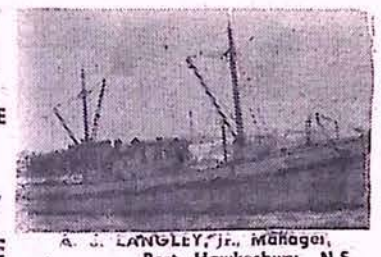
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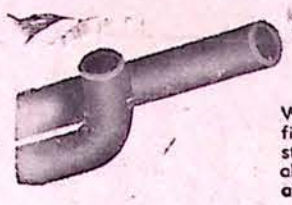
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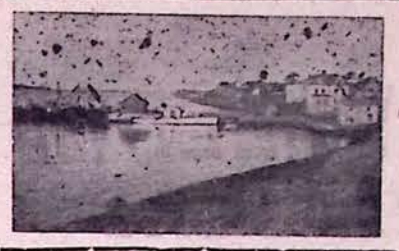
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NEWS ABOUT TOWN AND COUNTY



Week End Visitors

Leo Marchand, crew member of the Hydrographic Survey Ship Kapuscasing, spent the week-end here with his wife and family. He made the trip from Halifax with Clayton Pellerine, who also spent the week-end at his home in Port Royal, with his wife and family.

Clayton is employed in the water works Dept. of the city of Halifax.

———:O:———

From Pictou

Mr. and Mrs. Joseph Marchand, were week-end visitors from Pictou and were the guests of members of Mr. Marchand's family.

Mr. Marchand is a crew member on the Ferry Service between Caribou, and Woods Island, P. E. I.

———:O:———

From U. S. A.

Mr. and Mrs. Wilfred Poirier, who spent the winter in the U.S.A. have arrived at Poirierville, where they have re-opened their home.

They were accompanied by Mrs. Emma Joyce, who also spent the winter in the U.S.A., and will reopen her residence in D'Escousse for the summer months.

———:O:———

From Sydney

Mr. and Mrs. E. R. Latimer, and two daughters, Marjorie and Anne, spent the week-end visiting their respective parents, Mr. and Mrs. Irving Latimer, Arichat, and Mr. and Mrs. Gilbert Gerrior of West Arichat.

Ted is the very efficient manager, of the Halifax Propane Co., better known as "Speedy Propane" in Sydney. Mr. Latimer was appointed manager of this new store about two years ago, and is enjoying a large volume of sales in the Sydney area.

———:O:———

Return Home

Capt. and Mrs. Joe Mayo, have returned from Halifax, where they were making preparations prior to moving into their home at Seabright, a suburb of Halifax.

CARD OF THANKS

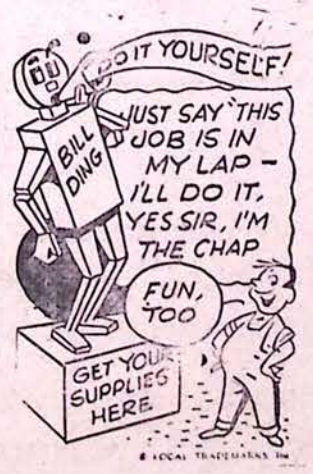
Mrs. Eugenie Wigmore wishes to convey her sincere thanks to all kind neighbours and friends, who assisted in any way during her recent sad bereavement.

Special thanks to Very Rev. Fr. Poirier, the Sisters and staff of St. Anne's Hospital; Dr. DeVeau and Dr. Winter; and C. A. Boucher, Funeral Director.

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From Sydney

Mr. and Mrs. Oran Coates, the former Lois Fixott of Sydney, were recent visitors to Arichat. It was nice seeing Oran and Lois.

———:O:———

Patient at St. Joseph's

Mrs. Francis Martell, of Pondville, is a patient at St. Joseph's Hospital, Glace Bay, for treatment.

We wish Mrs. Martell a speedy and complete recovery.

———:O:———

Landed Fish

The freighter "Blue Laker", was in port this week, landing fish from the Booth Fisheries plant consigned to the American Market. Arichat harbour is now free of ice and we look forward to more ships using this port during the summer months.

———:O:———

Return Home

Councillor and Mrs. Harry E. MacDonald, have returned to their home in D'Escousse after a very pleasant trip to Ottawa, where they visited their son and daughter -in-law, Mr. and Mrs. Harry MacDonald. They also visited other members of their family and relatives in various parts of Ontario.

———:O:———

Pantry Sale

A pantry sale of home cooking, also the sale of aprons and knitted goods, will be on display at the ARICHAT RESTAURANT on Saturday, the 29th. inst. from 2 p. m. to 5 p. m.

This sale is sponsored by the Woman's Auxiliaries of St. John's, Arichat, and St. George's, Cape La Ronde.

Everyone is cordially invited to attend this sale.

———:O:———

ST. PETERS HOME AND SCHOOL

Guests from L'Ardoise Association were welcomed to the April meeting of St. Peter's Home and School by the President, Mrs. Katherine MacRae.

An assortment of books for adult reading, donated by Mrs. B. Nichols of Sydney and Mrs. W. D. Hamilton of Sydney River, was on display, and a committee was appointed to take charge of setting up a lending library.

Mrs. MacRae expressed the thanks of the Association to all who had given of their time and talents to make the Spring Bonnet Tea an outstanding success.

The guest speaker for the evening, Mr. Harvey MacArthur, was introduced by Mrs. Paul White. Mr. MacArthur, Social Worker with the Mental Health Association for Cape Breton at Sydney, outlined the way this important health service is carried on, and urged support of the coming campaign for funds. Mr. MacArthur expressed appreciation of the splendid results obtained in mental institutions from personal contacts make by various groups in the form of offering skilled services, teaching crafts, etc., and making available to patients gifts or treats in keeping with various seasons of the year.

To Halifax

Mrs. Lennox Mauger of Cape La Ronde, was a recent visitor to Halifax, where she was the guest of relatives and friends.

———:O:———

Business Visitor

Mr. and Mrs. A. D. Morrison, of St. Peter's, were visitors to Arichat on Saturday.

Friends in Arichat are always happy to see Allan and Bertha.

———:O:———

To Digby

Dr. and Mrs. G. R. DeVeav, have returned home after spending two weeks at his old home in Metegan and other parts of Digby County. Dr. DeVeau visited his mother, who recently reached the grand old age of 96 years.

Before returning home, the doctor and Mrs. DeVeau, also visited their daughter and son-in-law in Halifax.

———:O:———

EXERCISE URGED BY PRESIDENT

Dr. Watson Kirkconnell, president of Acadia University, condemned the use of tobacco and alchohol and urged a higher degree of physical fitness when he spoke at a banquet closing the tenth Allied Youth conferenie at Truro rerently.

Statistics on the lack of physical fitness, he said, were "appalling," and the inclination not to take part in active sports was too widespread.

Too many people, including the young, were driving cars and watching television. Exercise, which released tension, was cast aside and many people had turned to tranquilizers, including tobbacco and alchol.

::It may well be that things are going to get wirse before they get better," he said, "but since ohr age is becoming increasingly technical, youth should realize that there is going to be an ever increasing premimum on the man or woman with a clear head and an alert body."

Quoting Ruskin, Dr. Kirkconnell said: "here is no wealth but life and that nation may be judged the most wealthy which has the largest number of healthy, able and happy citizens."—Wolfville Aacadian.

———:O:———

Half a fact is a whole falsehood.
—Elias L. Magoon

Lobster Season Posponed 10 Days

Protracted winter conditions in the Maritime Provinces have prompted the federal Department of Fisheries to postpone the opening and closing dates of the lobster fishing season in parts of New Brunswick, Prince Edward Island and northern Nova Scotia. Distrists 7A and 7B, which have suffered heavily from the difficult climatic conditions, cover mainly the east coast of New Brunswick, the outer coast of Prince Edward Island and both sides of the Strait of Canso. The normal opening date for lobster fishing in those areas is May 1. This has been postponed to May 10, and the fishing season will close on July 5 instead of June 30.

Fisheries Minister J. Angus MacLean, announcing the change in the House of Commons today, said that the Department has been watching the weather situation very closely from the point of view of its effect on lobster fishermen preparing for the regular May 1 opening in Districts 7A and 7B. It has become obvious that they would have great difficulty in moving material for trap repairs to the shore and that they would be unable to set their traps because of ice along the coast.

A number of fishermen have asked for special consideration in these rather unique conditions, said Mr. MacLean, and it is hoped that the new opening and closing dates for the fishing season, with the expected return to normal weather, will enable the fishermen to prosecute a full fishery with no more difficulty than is ordinarily experienced.

———:O:———

Recent Visitors

Patsy and Helen Campbell, of Long Point, Inverness County, were recent visitors at the home of Mr. and Mrs. Amedee LeBlanc.

Both Patsy and Helen were students at the Arichat school for several years, and their companions here were glad to see them. At present they are pupils of the Judique Consolidated School.

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L'Ardoise Home And School

(Continued from page 1)

ure" gave food for thought. "Your past performance should serve as encouragement for progress in the future," members were told.

Tickets were sold on a birthday cake and $9.00 was realized for the Founders Day Fund.

* * *

President, Mrs. A.Mombourquette reported, following the adoption of the minutes, that the School Board agreed to pay the expenses of the Home Economics Department. This was granted as a request made by Home and School in February.

The President also reported that the Traffic Engineering Division agreed to investigate the placing of better school signs and crosswalks to be placed on the pavement in front of the school and pupil patrols to be organized.

The chair announced that the Music Festival would be held in L'Ardoise school in May.

The "Drop-Out" committee, appointed in January, presented its findings to the meeting.

A panel, under the direction of Father J. J. MacDonald, and composed of Mr. Matt Feguson, Fishery Officer, Mrs. Alex Mombourquette, President of Home and School, Mrs. Con Mombourquette, parent, and Sister Franscesca Marie, high school teacher, gave a very enlightening report. The ideas and facts presented by the panel led to a great deal of discussion and stimulated interest in this "drop-out" subject. The April meeting was announced for Wed. 19th. Meeting adjourned on motion.

———:O:———

Safety Notes

Boys and girls, the Nova Scotia Highway Safety Council is always trying to get drivers to slow down and help keep children and grown-ups from getting hurt by traffic accidents. You can do your part, too, by always watching for cars and never taking chances in the street.

00-00

Boys and girls, remember this: Blaming someone else for an accidental injury won't make you well. The Nova Scotia Highway Safety Council wants you to remember that you, yourself, can avoid accidents and help others be safe, too, by being sharp-eyed and careful.

00-00

Bike riders, those handlebars are for guiding-- riding. The Nova Scotia Highway Safety Council says one on a bike is the safe limit. Remember, when you're riding double-- you're heading for trouble. So protect yourself and your pals-- be a lone rider.

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Leave St. Peter's	10.00 a. m.
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Arrive Sydney	11.30 a.m.

Leave Sydney Monday, Tuesday, Wednesday and Thursday at 5 p.m.

Leave Sydney: — Friday and Saturday at 6 p.m.

Tickets can be purchased in Sydney, at Acadia Coach Lines, where a rest room is provided for the Arichat Bus Service.

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Operator - - Sydney

Diary of A Vagabond

(Continued from page 2)

small hummock the drift of trilliums spread like a white carpet at the edge of the meadow. In the centre was a single red bloom just as the bulb had blossomed twenty years before On the day we first discovered this phenomena of nature, the boys' father had related the superstition about Ontario's native flower. He told his sons that it represented the Holy Trinity, God the Father, God the Son and God the Holy Ghost, and likewise the three graces, Faith, Hope and Charity.

The eldest son had just experienced the emotional ceremony of confirmation in the faith of his fathers and he startled his parents by saying that the one red trillium reminded him of the blood of Jesus Christ shed for us "that we might have everlasting life."

My enquiring mind, overstimulated by today's TV and radio fanfare of the religious Easter season, confused by man's inhumanity to man, by peace marches and threateen strikes, by the hard-to-adjust to ruptured relationships that happen in every family, found the assurance I sought of the resurrection amid that bed of trilliums in nature's cathedral.

———:O:———

Mental Health

(Continued from page 1)

DIRECTOR OF VOLUNTEERS

The job of coordinating all this volunteer work at the Cape Breton Hospital is the responsibility of the Canadian Mental Health Association's Cape Breton Branch and specifically the White Cross Volunteer Committee. In the past year these Volunteers have given many hundreds of hours of their time voluntarily.

* * *

FUNDS NEEDED

Funds are necessary to carry out the many projects and to employ staff to supevise and coordinate all this work. In Cape Breton County the United Appeal supports the Mental Health Association. But in Victoria, Inverness and Richmond Counties mental health canvassers will be out in force during the first week of May asking for contributions. The more generous the contribution, the more work the volunteers can do at the hospital.

When asked to give the Canadian Mental Health Association would like you to remember that mental illness hits one person in ten today and that although many people can't be expected to do volunteer work in our mental hospitals because of long distance, they can nevertheless by giving generously help in a very real way to brighten the lives of many hundreds of patients who depend upon our volunteers. Who knows, perhaps your contribution can help many patients recover and go home.

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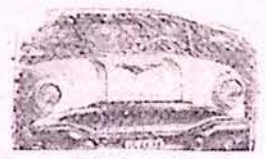
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Lying is a certain mark of cowardice.

—Thomas Southern

Summertime is fun time. But you boys and girls should remember that grown-ups who drive cars may feel gay, too. They may show it by driving too fast or not paying attention to kids as they go along your street. So, don't let frisky feelings cause you to play in the street or on the curb. Pick a safe place to play, away from traffic dangers. Be careful--- accidents hurt.

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