Richmond County Record

"BE JUST AND FEAR NOT"

An Independent Journal Devoted Solely in the Interest of Richmond County

THE RICHMOND COUNTY RECORD, ARICHAT, NOVA SCOTIA NOVEMBER 21, 1964



SUGAR and SPICE

By Bill Smiley

Do Wives Really 'Have It Made'?

Some of my best friends are women. I like women, generally, because they are compassionate, courageous, and smell nice.

Some are good lookers. Others are good cookers. Most have a great fund of common sense.

For these very reasons, I have refused to stand by and let that fine creature, the housewife, be lead or misled into a morass of frustration and unhappiness by a few frustrated, unhappy female agitators.

For years, I have been fighting a battle. It has been made up of skirmishes in speeches, fullscale attacks in this column, and occasional hand-to-hand combat with my old lady.

On some occasions, I have been routed my banners tattered, my forces in disarray. But my ideals have remained intact, my cause untarnished.

Once in a while, I've won a minor encounter. At a party, for instance, when a housewife has flung a drink in my face and rushed off to the bathroom in a confusion of rage and tears.

I don't regret a minute of the long campaign. The only thing that has depressed me has been the intense loneliness. Time and again I have felt like a lost patrol, cut off from all reinforcements, betrayed by allies.

But my heart leaped in my breast with new hope the other day, when I read an article in Maclean's magazine. For the first time in a decade or more, I felt that my cause "Equality of Husbands" had an outside chance of winning.

Title of the article was "Marriage is Easy Street (For Women)". Written by Sidney Katz it was a sober factual refutation of that base, insidious and increasing whine of the times — that a housewife is "bored, trapped a slave to her family, and unfulfilled as a human being."

Mr. Katz quotes sociologist, psychologist and anthropologist to prove what I have been saying for years: that it is just the opposite, that it is the male creature in marriage who is trapped, who is the slave to his family, and who, very often, is bored silly with the whole business.

I have no need to quote any kind of an "ologist". All I have to do is look around me.

There's the former terror of the tank corps. A tiger in action, his name was a by-word among the troops, a symbol of dash and elan. There's not much left of his former fiendish skill as he steers his shopping cart submissively about the supermarket. His wife is busy Friday nights with her little theatre group.

There's the former bomber pilot. For three years, he held within his clever and capable hands six thousand horsepower, six tons of bombs and the lives of six men. I wonder if he feels "fulfilled as a human being" as he drops another quarter in the coin wash. But it's Saturday night and his wife likes to watch the movie on TV.

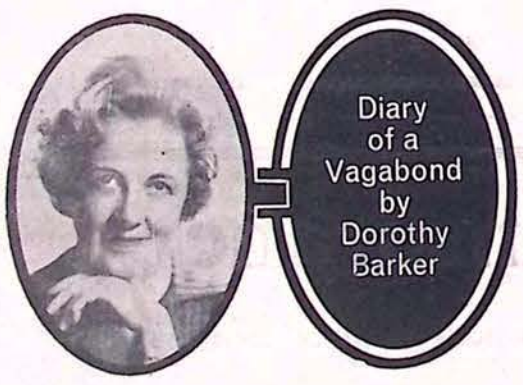
Most of the damage has been done by a comparatively small group of harridans who have produced a veritable tidal wave of books, magazine articles and TV diatribes, all with the same theme: if you are a housewife (a) you are unhappy and frustrated; (b) you're a slob because you're not out working, or writing a novel or sculpting a sculp or something.

Normal, intelligent housewives under this finger of scorn, are slinking around guiltily, trying to convince themselves that they are unhappy, frustrated shirkers. The only thing I'm worried about is that they may succeed.

As any woman of real insight knows, it is the male of the family who is a slave to the family, who is frustrated, unfulfilled and trapped. Let me quote from the article. In a survey, one housewife said, "A married woman has it made."

Welcome to the barricades, Katz. You can pile sandbags while I sharpen my finger to stick it in the dyke.

Go get him, girls. Katz, that is.



Friedanites or Freudians?

With Betty Friedan taking several thousand words to fill a book furthering her ideal of the emancipation of women, and Sidney Katz several pages in a recent issue of a national magazine to try and put married women back in their apron strings and a contented frame of mind, I found it made interesting reading to note that Canadian National Telecommunications filed more than 158,000 words from Charlottetown on The Queen's recent visit to the Province of Prince Edward Island.

While I was wondering what interpretation Dr. Sigmund Freud might have given Miss Friedan's book "The Feminine Mystique" had he survived to this age of so-called human development and constant psychological adjustment I couldn't help thinking about Queen Elizabeth, ,the second. She seems a typical answer to both arguments set forth by the two writers I have mentioned.

The only objection that might be broached is that Elizabeth was born to her career and that her motherhood was a must because of the necessity of perpetuating a line of heirs.

Queen Elizabeth didn't acquire by chance the exalted estate that Betty Friedan, in her prose, pictures for women. The great courage and graciousness she displayed while a guest in our country is surely evidence for even the worst sceptic or critic of her Royal heritage, that women can, and do, accept great responsibility conscientiously.

I think that Sidney Katz's contention that a woman "has it made" when she marries contains much more truth than fiction. Perhaps if Miss Friedan had seriously interviewed the widows of the land who have been forced through circumstances to return to the business world, or further their education to further their career, she might have injected into her book some of the loneliness the world outside a home offers women.

Perhaps, too, if she had been able to interview Queen Elizabeth who, through duty left her home and children and came to this land because it was part of her job, this authoress would have been inspired to write the article Sidney Katz titled "Marriage Is Easy Street (For Women)".

Careers and Marriage

Some of us are lucky enough to have had "the best of two worlds". Careers for women fit into marriage, I think, provided the job reflects, or adds to the harmony of the home. These positions are few and far between. I have done some writing ever since the second month of our honeymoon, but it never interfered in any way with my determination to be a good wife and mother. Whether it fulfilled my life I am not sufficiently aware of to make any comment. I don't believe, as Miss Friedan contends, that it satisfied a psychological need nor did it make me a more interesting companion for my husband and children. It was simply an urge I indulged in when the muse visited me. At times it was quite lucrative and provided necessary income during depression years and, on occasion, a holiday, or a new chair for the living room. Fortunately I was never so prolific, or successful that it bruised my husband's ego.

Compared to the huge number of words filed about The Queen's visit this year to Charlottetown only 15,000 words were transmitted out of PEI during a previous Royal visit. The comparison reflects the difference between being a bride Princess and a career Queen. It also reflects the advancement communication facilities have made in little more than 10 years.

West Arichat

Mr. and Mrs. Alzear Fougere are motor visitors from Halifax, guests of Mr. and Mrs. Leo Forgeron.

Mr. and Mrs. Gordon Jollimore left for Montreal, where he will be employed.

Born to— Mr. and Mrs. Edward Forgeron (nee Kathleen Dorey), at St. Rita's Hospital, Sydney, a daughter. Congratulations!

Mrs. Felix Linden visited relatives and friends in Sydney, for several days.

Mr. and Mrs. Gaston LeBlanc of Halifax, visited his parents, Mr. and Mrs. Rudolph T. LeBlanc over the week-end.

Colin and Ralph Terrio left for Halifax to seek employment.

Capt. Clarence Forgeron, Halifax, visited his wife and family for several days recently.

Arthur LeBlanc was a motor visitor from Halifax, guest of his parents, Mr. and Mrs. R.T. LeBlanc.

Arthur is employed at the Unemployment Office.

Friends of Joseph Terrio of Halifax, will regret to learn that he is a patient at the V. G. Hospital. We wish him a speedy and complete recovery.

Miss Clarisse E. LeBlanc, Secretary to the Command Signal Officer at H. Q. Quebec Command, is on one month's sick leave from her office and is a guest of her brother and sister-in-law, Mr. and Mrs. Rudolphe T. LeBlanc.

Mrs. Roland Doiron and Mr. and Mrs. George Stone of River Bourgeois were Sunday guests of Mrs. Jeffrey DeCoste and daughter, Shirley, at Arichat.

Miss Doreen Poirier, Economics Teacher at the Isle Madame High School, was a Sunday guest of Mr. and Mrs. C. C. Bouchard and son, Robert, at Arichat.

Mrs. Amadee Covin left for Halifax to visit relatives and friends.

Mr. and Mrs. Abraham Forgeron were motor visitors from Halifax, guests of her brother, Amedee Lavandier and family.

Henry LeJeune of Mulgrave, visited his sister, Mrs. Cecille Comeau, over the week-end.

Mr. and Mrs. Thomas Shaheen of Sydney, were motor visitors, guests of her parents, Mr. and Mrs. Peter Covin.

St. Peter's News

Recent visitors at the home of Mr. and Mrs. Alex W. H. MacDonald were: Mrs. Annie MacDonald, Mrs. Alice Flynn, Miss Vera and Harvey Saltzman all of Oban. Mr. and Mrs. Ephrem Boudreau, of Hull, Quebec; Joe Sampson, Boston; D. A. Sampson of River Bourgeois; Mr. and Mrs. Ervin Dickson; Mrs. Sadie Taker of Port Hawkesbury, also Mrs. Dan R. MacDonald and Mrs. Cassie Campbell of Port Hawkesbury.

Mrs. Jean Linloff returned home from St. Rita's Hospital, Sydney, where she had been a patient for three weeks. She is much improved in health.

Mr. Robert Morrison accompanied by Mrs. Margaret Nicholson and Mr. and Mrs. Alex W. H. MacDonald visited friends in French Cove recently.



GAMES FOR A CHILDREN'S PARTY

Are you planning a Children's Party this Christmas?

If you are, a little careful thought before hand and the preparation of a list showing the order in which you intend to do things, is perhaps the best way of insuring that the party goes with a swing.

Before the entertainment starts it is a good idea to attempt to break down the children's initial shyness, so as soon as the guests arrive, give each a label with their own name printed on it.

Ask them to fix this to their coat or frock and keep it there all the evening. Everyone will get to know everyone else much faster.

To get the party underway a game like Treasure Hunt might be played. And for this you should hide several articles beforehand in various parts of the house.

Place with each object a clue for the next object .The winner of this game can be awarded a small prize, perhaps an inexpensive puzzle or box of chocolates.

Spoon Game

One game which is always popular is the Spoon Derby. For this you need three spoons, three evenly-sized pencils and three 6 ft. lengths of string.

Each length of string should be attached to a spoon at one end and to a pencil at the other. Simple knots will do. The three spoons are laid out — about six inches apart — at one end of the room; at the other end the three "jockeys" hold the pencils.

At the word "Go"! the jockeys begin winding their pencils furiously, thus drawing the spoons along the floor, rather like racehorses.

It is important to ensure that the pencils be held by both hands and rotated with the fingers.

The spoon which reaches the feet of the jockey first is the winner of the race.

Clothes Box

Another game designed to raise plenty of laughter and to use up surplus steam is the Old Clothes Box. In this two old boxes are packed with all the old clothes — hats gloves, shorts, socks, — you can find.

The guests must be divided into two teams. Each member, at a given signal, must run to the appropriate box, don the garments, run round their team, which is lined up, and back to the box. They then take off the garments and replace them ready for the next member.

The winning team is the one which manages to get all its members through the ordeal first.

At this point it is also a good idea to distribute a selection of those cheap little musical trumpets, drums and whistles— and form an orchestra. Children of

(Continued on page 4)

NOTICE TO THE PUBLIC

Canada Packers Limited is requesting consumers to immediately return KLIK Luncheon Meat with any of the following codes indented in the tops of the tins:

EST 7 09144	EST 7 09214	EST 7 09284
EST 7 09164	EST 7 09234	EST 7 10054
EST 7 09174	EST 7 09254	EST 7 10224

NO TINS WITH ANY OTHER NUMBERS ARE AFFECTED

Consumers in Ontario, Quebec and the Atlantic provinces who have purchased KLIK since September 14th and who are in possession of any tins bearing these codes are asked to immediately return them to their retailers for replacement or refund.

Tins embossed with EST 7A, EST 7B, or EST 7D are not involved as they were produced at other plants and are in no way affected.

The recall of these tins is a precautionary measure which has been taken because spice units, supplied to the Company and used in the production of KLIK Luncheon Meat at one plant, contained less than the normal quantities of one of the curing ingredients.

The effect of a smaller than normal quantity of this curing ingredient has not been clearly established by food scientists. KLIK is cooked during the canning process, however, curing ingredients are added in the spice mixture to assure its long-term keeping qualities.

The best scientific opinion indicates that the risk of impaired keeping qualities is small, but may exist. Therefore, there is a small chance that the product could deteriorate and might then cause serious illness if eaten.

All KLIK presently on retailers' shelves has been carefully checked by company employees to ensure that it is not from the lots in question.

RETAILERS—Your cooperation in accepting return of this product is requested. A Company representative will be contacting you.

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Richmond County Record.

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MARSHALL J. BOURINOT
Editor and Publisher

Authorized as second class mail by the Post Office Department, Ottawa, and for payment of postage in cash.

Complete Job Printing Department—Letterpress and Offset.

ARICHAT, C. B., Canada

NOVEMBER 21, 1964

Of Many Things

By AMBROSE HILLS

OF MANY THINGS AUTOMATION IS A MUST

It is said that within the next thirty-odd years the present population of the world will be doubled. We will need twice the food and then some to feed them. The same goes for clothing and shelter.

Surely these important requirements will not be met unless man uses all the skill at his command?

To my mind there is something indecent about efforts to stop such progress. We must have automation in order to survive.

True, there are problems of distribution, but they are picayune compared with production problems. Instead of so much concern over who gets the biggest share from a small bowl of stew, our main effort should be to fill the bowl to overflowing.

Instead, many organized groups seem to be more interested in promoting scarcity in order to keep prices high. Some unions have make-work rules, and there is a great deal of fatherbedding. Some fight against automation every step of the way.

If Canadians fail to adopt automation, then we will have unemployment with a vengeance! Our products will cost so much more than those made by new methods. We must not forget that we compete with the world as well as sell to it. And we have a moral obligation to try to meet the needs of others at prices they can afford.

DEPARTMENT OF PUBLIC WORKS (CANADA)

SEALED TENDERS addressed to the undersigned and endorsed "TENDER FOR CONSTRUCTION OF STANDARD REVENUE POST OFFICE, D'ESCOUSSE. RICHMOND CO., N. S." will be received until 3:00 P. M. (AST) DECEMBER 16, 1964.

Plans and Specification and forms of tender can be seen or can be obtained through: The Office Manager, Department of Public Works, P. O. Box 875, Ralston Building, Halifax, N. S.

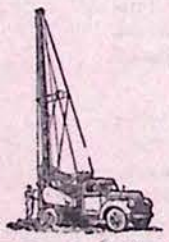
To be considered each tender must be made on the printed forms supplied by the Department and in accordance with the conditions set forth therein.

The lowest or any tender not necessarily accepted.

MISS M. S. SIME
Office Manager.

No. PW 64-182

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SHOPPING CENTRE ON RAILWAY SITE

Moncton,—Plans for the construction of a new department store, a large supermarket and 13 other stores on a 12-acre downtown site in Moncton owned by Canadian National have been announced by H. B. Tait, Maritimes regional manager of the T. Eaton Company (Maritimes) Ltd. and William Sobey of Sobey's Ltd., which owns a chain of supermarkets in the Maritimes.

The announcements were made at a press conference in the Brunswick Hotel in Moncton. The site is being developed by Canadian Shopping Centres Limited.

Mr. Tait said the new Eaton's department store would be an ultra-modern, multi-level design comprising of more than 100,000 square feet and featuring the latest improvements in store design.

He said construction was scheduled to get underway next year for completion in 1966.

Mr. Sobey said that the company's new supermarket would be the largest in Eastern Canada, and would cost several million dollars. He added it would occupy a space larger than 200,000 square feet.

Howar C. Grayson, Atlantic region vice-president of CN, said that as owners of the site CN wanted to see it used for something of permanent and lasting character.

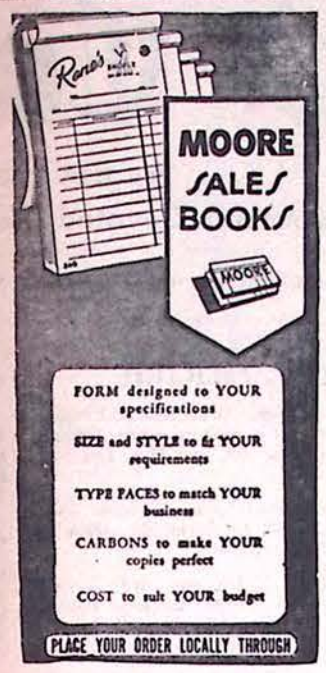
The Eaton's and Sobey's stores will be the largest of the 15 which will make up the shopping centre.

The CN's new regional headquarters building and the new railway station were constructed in the past two years as the first stage of development of the 25-acre site left vacant by the removal of track and other railway facilities made redundant by the opening of CN's new $15-million hump yard near Moncton.

Other facilities removed to make way for the development were the 70-year-old regional offices built for the Intercolonial Railway and the former Moncton railway station.

The shopping centre announcement is the latest sample of Canadian National's program of developing downtown real estate sites in co-operation with private enterprise.

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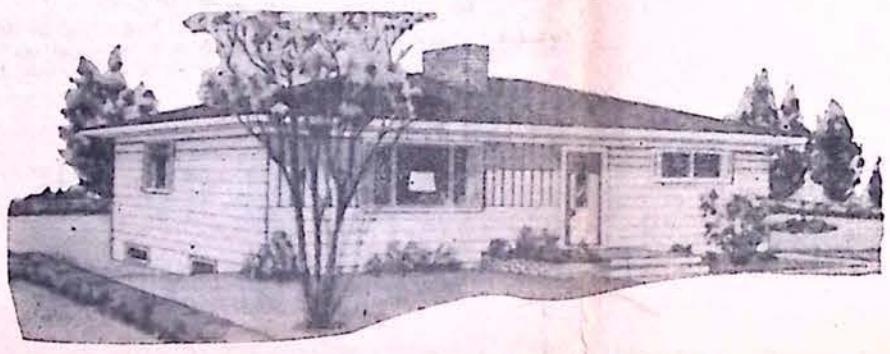
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NEWS ABOUT TOWN AND COUNTY



Many Improvements

A building-boom has struck Petit de Grat during the past several months with the completion of a new district school serving the whole of Petit de Grat; a new Credit Union building; major improvements to St. Joseph's Church; new Co-operative Processing Plant; Atlantic Fisheries new freezer; renovations to Raymond Samson's Store; new restaurant at Boudreauville; Louis Samson's new pool room building and many new dwellings too numerous to mention.

During the past year Booth Fisheries have added two new deep-sea draggers to their fleet and have made improvements at the fish processing plant.

On the outskirts of Petit de Grat known as Murphy's Road a new Fina Gas Station operated by George Boudreau has been built and several dwellings have also been built.

A new, modern Legion Hall has been built a short distance from the crossroads at the Head of the Harbor leading to Petit de Grat. The official opening of this new building has not been announced.

Petit de Grat Bridge

Work is progressing favourably at the Petit de Grat bridge and for a time crews worked round the clock to keep traffic open and only for a short time was the traffic halted.

This new bridge will relieve a bottleneck and two lanes will soon serve the motorists at the big fishing centre of Isle Madame connecting the North and South sides of the village.

Credit Union Building

The construction of the new Credit Union Building is now underway. Mark Boudreau is in charge of construction and John LeBrun, general contractor.

In our last issue a reporter from Petit de Grat gave a very encouraging account of developments at St. Joseph's Credit Union.

Improvements at Lennox Bridge

With the paving of the Lennox Passage Bridge an improvement has been noted by motorists and with new concrete guard rails constructed last summer by the Department of Highways maintenance crew is another improvement and worthy of mention.

The old concrete floor on the bridge had been in constant use since its construction in 1919 and with heavy loads travelling over the broken concrete no doubt a great strain was placed on the bridge. Now with the new coating of pavement traffic glides over the bridge with no difficulty causing very little vibration and no delay in crossing.

From Cambridge

Mr. and Mrs. Joe Power of Cambridge, Mass., spent a week at their cottage on Grandique Road. It was indeed nice seeing Joe and Cora who had been down for a few weeks early in the summer.

Their cottage is located on the late George Parker property and if we predict right, Joe and Cora will be spending more time there in the not too distant future. Their many friends here eagerly await their arrival.

Joe operates his own Auto Body Repair Shop in Cambridge.

A member of one of Arichat's pioneer families Joe is always a welcome vistor to Arichat.

Brief Visit

Bernard Kehoe and Harold Gillis, both of Boston, Mass., were brief visitors at the home of Bernard's parents Mr. and Mrs. James Kehoe, Rocky Bay.

Both Bernard and Harold are employed in construction work and have been residing in the US for the past several years.

It was nice seeing them and we trust their next visit will be much longer.

To Halifax

Robert Bouchard, son of Mr. and Mrs. C. C. Bouchard of this town, was a visitor to Halifax during the week, where he was interviewed prior to enlisting in the Canadian Air Force. We wish Robert every success.

Robert is a favourite singer and has taken part in many variety shows here as well as appearing on Ranch Boys TV program over CJCB TV.

CARD PLAY

A card play will be held at St. John's Hall, Arichat, on Monday evening, December 7th. at 8 o'clock p. m. All cash prizes. 1st. prize $5.00. 2nd. prize $3.00. 3rd. prize $2.00. Door prize $1.00. Admission 50 cents. Everyone welcome!

NEW BOOKLET ISSUED BY FISHERIES DEPARTMENT

HALIFAX — "The Case for Lobster Conservation" is the title of a new booklet issued by the Department of Fisheries of Canada. It is designed to inform those engaged in the lobster fishing industry, and the public generally, the need for protecting this valuable fishery and the reasons for existing regulations.

Through the department's area headquarters in Halifax, the booklet will be distributed to thousands of lobster fishermen in the Maritime Provinces. It will also be available in limited quantities to teachers and others interested in the case for lobster conservation.

The booklet noted it strange that in such a profitable venture as the $20,000,000 annual Canadian Atlantic lobster fishery, some fishermen and processors failed to appreciate the actions of the federal department in trying to protect the stocks and maintain them at a level that would insure them a steady annual income.

Emphasizing that present regulations were for the lobster fishermen's own protection, the booklet provides information to enable lobstermen to understand why they should obey regulations. The department also hopes that this knowledge will help honest fishermen to work against those who continue to be critical of regulations and exploit the lobster stocks for immediate gain with no thought for the future.

While admitting that existing regulations might not be perfect, the department pointed out in the booklet that the regulations "do work for the benefit of those who fish lobster by maintaining a continuing resource from which fishermen can take his catch". It was further added that as new knowledge was gathered and acquired it might be necessary to bring changes in the regulations. However, stress was made that such changes would only be made if they could bring about a continuing higher yearly level of catch.

Number one in the booklet's summary of economic and biological considerations upon which regulations are based, pertains to legal size limits. Sizes vary in lobster fishing districts ranging from two-and-one-half inches to three-and-three- sixteenths inches carapace measure. This measurement is made from the eye socket of the lobster to the end of the body shell. Size limits guarantee that some lobsters are left on the grounds. Fishermen can then be assured of steadier landings rather than scale fluctuations in their catches.

After summarizing other conclusions on which regulations are based, the booklet emphasizes that "the need for a conservationist attitude on the part of everyone involved is a pressing one because management of the fishery is about the only tool available. Lobsters are creatures of the wild and the stocks occupy thousands of square miles of open coastal waters. This makes it extremely difficult, if not impossible, to promote production and growth by improving environment, or to control in any way the natural changes that occur there."

Reiterating the department's conservation policy, the booklet said regulations had the simple purpose of conserving the stock and protecting the fishermen and the industry. "We want fishermen to take the best possible catch each year, secure in the knowledge that he can take an equal catch in future years."

CN HANDLING BIG XMAS TREE RUSH

Christmas is still weeks away—but to Christmas tree shippers in the Atlantic region and to Canadian National Railways — the big Christmas rush is on now.

Canadian National is busy shipping, and preparing to transport millions of trees grown in the Maritimes to dealers for sale to homes throughout Canada and the United States.

Carloads of trees, neatly bundled and packed by length, and all of the very best quality, are already on their way from the Maritimes from Orangedale in Cape Breton, Bridgewater and Chester Basin on the south shore of Nova Scotia, from the Moncton and St. John areas in New Brunswick, as well as from various points in CN's Chaleur area, including Caraquet, Tracadie, Inkerman and Grand Anse in New Brunswick and Grand Riviere, Newport and Lac au Saumon in Gaspe.

Since boxcars hold up to 30,000 of the bundled trees, the industry brings millions of dollars in the economy of the Maritime provinces each year.

With the industry facing strong competition from the makers of artificial trees, especially in the United States, great care is taken in the selection of the trees to make sure that only the best are exported.

Last year, trees from the Maritimes went mostly to the New England States and to the Chiicago area, although hundreds of carloads wound up as far away as Georgia, Maryland, Ohio, Virginia, ,Tennessee, Oklahoma, Mississippi, Louisiana, Kentucky —in fact, in almost every state in America.

Several hundred cars were shipped also from the Maritimes to other provinces in Canada.

NO TRESPASSING—Any person or persons found cutting timber from my property at Dry Lake, will be prosecuted to the fullest extent of the law. Miss Gerilda Gibbs, Pondville, N. S.

DEPARTMENT OF PUBLIC WORKS (CANADA)

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Plans and Specification and forms of tender can be seen or can be obtained through: The Office Manager, Department of Public Works, P. O. Box 875, Ralston Building, Halifax, N. S.

To be considered each tender must be made on the printed forms supplied by the Department and in accordance with the conditions set forth therein.

The lowest or any tender not necessarily accepted.

MISS M. S. SIME

Office Manager.

No. PW 64-176

Accountant Wanted For St. Ann's Hospital

Applications for ACCOUNTANT for St. Anne Hospital, Arichat, N. S., are now being received. Applications stating qualifications and experience must be submitted to:

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DEPARTMENT OF PUBLIC WORKS OF CANADA

SEALED TENDERS addressed to Secretary, Department of Public Works of Canada, Room B322, Sir Charles Tupper Building, Riverside Drive,, Ottawa 8, and endorsed "TENDER FOR HARBOUR IMPROVEMENTS, NEW WATERFORD, N. S." will be received until 3:00 P. M. (E.S.T.) WEDNESDAY, DECEMBER 16, 1964.

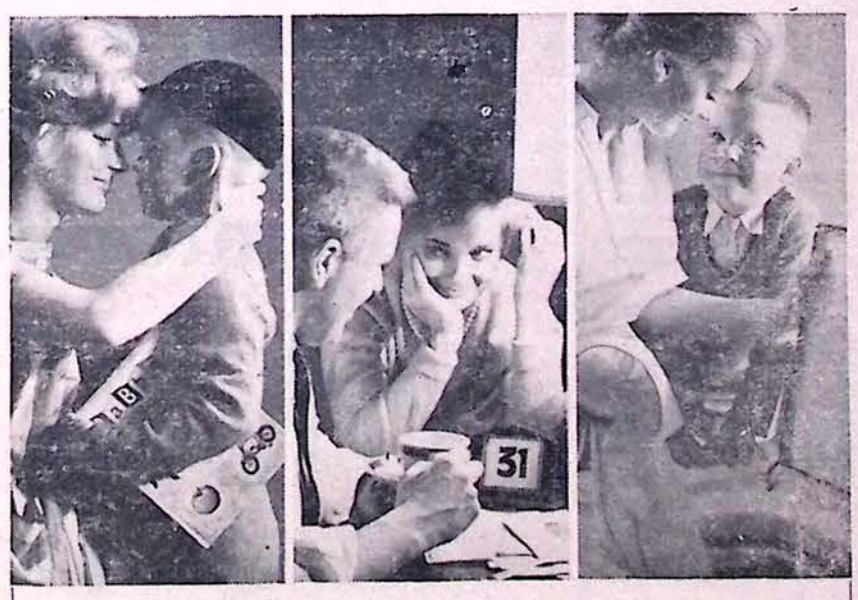
Tender documents can be obtained on deposit of $25.00 in the form of a CERTIFIED bank cheque to the order of the RECEIVER GENERAL OF CANADA through: Chief Engineer, Room E-443, Sir Charles Tupper Building, Riverside Drive, Ottawa; District Engineer, Ralston Building, P. O. Box 875, Halifax N. S.; and can be seen at the Post Offices at New Waterford and Sydney, N. S.

The deposit will be refunded on return of the documents in good condition within one month from the date of tender opening.

To be considered each tender must be submitted on the forms supplied by the Department and must be accompanied by the security specified in the tender documents.

The lowest or any tender not necessarily accepted.

ROBERT FORTIER,
DPW HR-64-201 Secretary.



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GAMES FOR A CHILDREN'S PARTY

(Continued from page 1)

all ages love a noise. To music played on the piano or the record player, each section of the "orchestra" (i.e. the drums, whistles trumpets etc.) would give their own accompaniment.

"Old MacDonald's Farm" is an ideal tune for such orchestral accompaniment — with the whistles coming in for the chickens, the trumpets for the pigs and so on.

Treat Time

The most important part of any children's party is the refreshments, and these should be served after the games — after the tots have built up healthy appetites.

Color attracts children, so make the table bright with paper party hats and crackers.

Here is a recipe for peanut butter cookies which will bring grins to the children's faces.

1½ cups sifted flour
1 tsp. bicarbonate of soda
½ cup white sugar
½ cup brown sugar
Dash of salt
½ cup peanut butter
½ cup butter of margarine
1 egg

Sift flour and bicarbonate of soda together once. Mix together dry ingredients. Add peanut butter, butter and egg.

Make walnut sized balls, place on greased tray, three inches apart, and press down with fork.

Bake in moderate oven (375 degrees) until cookies are light brown color.

To give them a festive look, dab with diffeernt colored icings and sprinkle with jelly or candy crystals.

Less Sugar

Too much sugar is bad for children's teeth, so why not have chips and popcorn in the place of candy on the table?

Children like a change too! Instead of soft drinks, delight them with a fruit punch.

Any fruit juice will do as the base, with chopped fruit — a blender would come in handy here — added. Decorate the glass with an orange slice, attach a cherry on a toothpick, and you'll have the young folks clapping their hands in glee.

Ice cream, of course, is a party must and if you'd like to add a bit of adventure to it, let them spoon the ice cream up with candy canes. Give them spoons as well — they'll want to tackle the ice cream seriously after hilarious attempts of scooping it up with the candy canes.

Brush Up

And here's an idea for a real novelty. When you send out the invitations, ask the children to bring their own toothbrushes!

After all those sweets, you can have them make a game out of brushing up. Gather them in a circle, and let each take turns showing the proper way to brush. It's bound to send them into giggles — especially if you ask them to sing at the same time they're brushing.

And it'll teach them a good health habit, too!

PROVINCIAL INCOME TAX ACT AMENDED

Minister of Finance and Economics G. I. Smith announced recently that legislation amending the Provincial Income Tax Act will be introduced at the next session of the Legislature.

In making the announcement Mr. Smith said proposed changes in rates will not increase the total income tax payable by individuals to either the provincial or federal governments. It is simply a change in the sharing of the tax dollars by the two levels of the government.

Section 33 of the Income Tax Act (Canada) was amended this summer to increase the abatement of the federal individual income tax from 19 percent to 21 percent for the 1965 taxation year and from 20 per cent to 24 per cent for the 1966 taxation year.

Mr. Smith said in order for the Province of Nova Scotia to take advantage of the increased abatement, it is necessary to amend the provincial act by changing the rate of individual income tax to correspond with the federal level.



Fred Melick, milkman, got a Scotia Plan Car Loan –$1900–overnight

Mr. Melick needed a better car—badly. But where could he get the money he needed to buy a newer car? Fortunately for Mr. Melick he thought of The Bank of Nova Scotia. He went to his nearest Scotiabranch and answered a few quick questions about his job, income and how much money he needed . . .

OVERNIGHT Fred Melick knew he would have the money he needed to buy that car. And this is not an unusual case. Of course this actual customer was not named Fred Melick, but there are more and more people with all kinds of names and jobs coming to The Bank of Nova Scotia to have their money problems solved—quickly. Why don't you?

If *you* are worrying about your old car—if *you* want a new car—then get yourself a Scotia Plan Car Loan. The cost is low—you get life insurance at no extra cost—you get the same low cost for all makes and models of cars—and you get the speed of service that makes your money problems disappear—fast. How much money do you need?

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